Columbus Municipal School District MARCH 2020 MIDDLE SCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 SPAGHETTI & MEAT SAUCE AMERICAN SUB SANDWICH CHEESEBURGER/GRILLED CHICKEN SAND/Trimmings Pepperoni Pizza Chef Salad/Garden Salad Green Peas/Crinkle Cut Fries WW Garlic Toast/Saltine Crackers Fresh Fruit Bowl/Peach Slices Assorted Milk	3 CHICKEN & SAUSAGE GUMBO OVER RICE/HAMBURGER BBQ PORK SANDWICH HAM & CHEESE WRAP/Trimmings Sausage Pizza Chef Salad/Garden Salad Mexicali Corn/Crinkle Cut Fries Yeast Roll/Saltine Crackers Fresh Fruit Bowl//Diced Pears Assorted Milk	4 MAC AND CHEESE W/HAM GRILLED CHICKEN SANDWICH CHILI DOG/CHEESEBURGER TURKEY & CHS WRAP/Trimmings Cheese Pizza Chef Salad/Garden Salad Green Beans w/Taters/Baked Potato w/margarine Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Pineapple Bits Assorted Milk	5 CHICKEN ALFREDO W/SPICY CHICKEN/HAMBURGER YOGURT-SAND COMBO/Trimmings Stuffed Crust Pizza Chef Salad/Garden Salad Steamed Broccoli Spears Oven Baked Potato Wedges Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Fruit Cocktail Assorted Milk	6 BUFFALO HOT WINGS GLAZED BBQ MEATBALLS ON HOAGIE/CHEESEBURGER AMERICAN SUB SAND/Trimmings Mexican Pizza Chef Salad/Garden Salad Baked Beans/OB Potato Wedges Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Mandarin Fruit Cup Assorted Milk
SPRING BREAK MARCH 9 – MARCH 13				
16 BEEF-A-RONI COUNTRY FRIED STEAK SAND HAM & CHEESE ON HOAGIE/HAMBURGER/Trimmings Cheesy Breadsticks w/Marinara Grilled Chicken Salad/Garden Salad Whole Kernel Corn/OB Potato Wed Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Peach Slices Assorted Milk	17 CHICKEN SPAGHETTI/HOT DOG TURKEY & CHEESE WRAP CHICKEN SALAD SANDWICH CHEESEBURGER/Trimmings Stuffed Crust Pizza Grilled Chicken Salad/Garden Salad Green Beans/OB Potato Wedges Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Peach Slices Assorted Milk	18 MEATLOAF BBQ RIB SANDWICH HAM & CHEESE WRAP HAMBURGER/Trimmings Pepperoni Pizza Wedge Chef Salad/Garden Salad Mac and Cheese/OB Potato Wedges Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Pineapple Tidbits Assorted Milk	19 ITALIAN BAKED CHICKEN PHILLY CHEESE STEAK SAND TURKEY CHEESE CIABATTA HAMBURGER/Trimmings Stuffed Crust Pizza Chef Salad/Garden Salad Black-eyed Peas/Potato Wedges Cornbread/Saltine Crackers Fresh Fruit Bowl/Fruit Cocktail Assorted Milk	20 BEEFY NACHO GRANDE BACON CHEESEBURGER GRILLED CHICKEN SANDWICH HAM & CHS WRAP/Trimmings Sausage Pizza Chef Salad/Garden Salad Cheesy Broccoli/Potato Wedges Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Applesauce Assorted Milk
23 JOHN WAYNE CASSEROLE CHICKEN FAJITA WRAP AMERICAN SUB SANDWICH HAMBURGER/Trimmings Cheesy Breadsticks w/Marinara Ranch Chicken Salad/Garden Salad Whole Kernel Corn/OB POT Wedges Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Pineapple Tidbits Assorted Milk	24 STEAK FINGERS/CHEESEBURGER GRILLED CHEESE SANDWICH YOGURT-SANDWICH COMBO CHEESEBURGER/Trimmings Cheese Pizza Ranch Chicken Salad/Garden Salad Lima Beans/Baked Ranch Fries Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Blushing Chilled Pears Assorted Milk	25 LOADED BAKED POTATO W/CHICKEN & HAM/HAMBURGER/Trimmings TURKEY & CHEESE HOAGIE GLAZED BBQ MEATBALLS Stuffed Crust Pizza Ranch Chicken Salad/Garden Salad California Veggies/OB Potato Wedges Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Rosey Applesauce Assorted Milk	26 BAKED PORK CHOP/HOT DOG BACON CHEESEBURGER HAM & CHS HOAGIE ON BUN Pepperoni Pizza Wedge Ranch Chicken Salad/Garden Salad Steamed Cabbage/Crinkle Cut Fries Cornbread/Saltine Crackers Fresh Fruit Bowl/Chilled Diced Pears Assorted Milk	27 CHICKEN TENDERS WAFFLES IN A BAG BBQ RIB SANDWICH CHEESEBURGER Pepperoni Pizza Ranch Chicken Salad/Garden Salad Baked Beans/Baked Ranch Fries Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Mandarin Fruit Cup Assorted Milk
30 CHEESY CHICKEN FIESTA OVER RICE TURKEY & CHEESE HOAGIE CORN DOG YOGURT-SANDWICH COMBO Chef Salad/Garden Salad Pepperoni Pizza Green Peas/OB Potato Wedges Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Pineapple Tidbits Assorted Milk	31 CHIILI CHEESE OVER CHIPS PHILLY CHEESE STEAK SANDWICH CHEESEBURGER HAM & CHEESE ON HOAGIE Chef Salad/Garden Salad Personal Pan Pizza Whole Kernel Corn/OB Potato Wedges Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Pineapple Tidbits Assorted Milk	**Salad Dressing** **Note:** All Chef/Garden Salads on the Hot Food serving line are served with (1 oz.) or PC RF-Buttermilk Ranch Dressing **SEASONAL FRESH FRUIT Served Daily on ALL lines &** **HOT GRITS OR OATMEAL SERVED DAILY for breakfast**	**MEAL PRICES** **Breakfast** Student CEP Free Adult $ 2.15 Visitors $ 2.15 **Lunch** Student CEP Free Adult $ 3.65 Visitors $ 3.65	**MILK Offered Daily** 1% White and Fat Free – Flavored www.choosemyplate.gov

This Menu Is Subject To Change.

WW=Whole Wheat; OB=Oven Baked; CHS=Cheese SAND=Sandwich; POT=Potato