

**MILK**  
Offered Daily  
1% White  
and  
Fat Free – Flavored



www.choosemyplate.gov

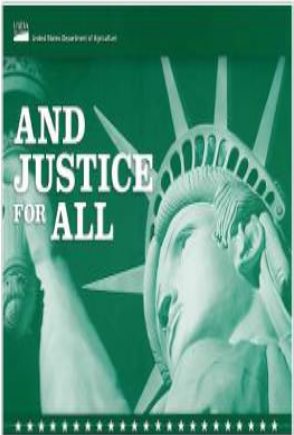
**PRICES**

**Breakfast**

Student \$ 0.00  
Adult \$ 2.15  
Visitors \$ 2.15

**Lunch**

Student \$ 0.00  
Adult \$ 3.65  
Visitors \$ 3.65



**AND JUSTICE FOR ALL**

En colaboración con el Federal and U.S. Department of Agriculture (USDA) en el marco de la Ley de Seguridad Alimentaria y Nutricional, el Departamento de Educación de los Estados Unidos (U.S. Department of Education) ha desarrollado esta guía para ayudar a los estudiantes a tomar decisiones saludables sobre su alimentación. Esta guía está diseñada para ser utilizada en el aula y en casa. Para obtener más información, visite el sitio web de Choose MyPlate.gov.

Para obtener más información sobre esta guía, visite el sitio web de Choose MyPlate.gov. Para obtener más información sobre la Ley de Seguridad Alimentaria y Nutricional, visite el sitio web de USDA.gov.

U.S. Department of Agriculture  
Office of the Assistant Secretary for Child Nutrition  
149 Independence Avenue, SE  
Washington, D.C. 20250-0012

U.S. Department of Education  
Office of the Assistant Secretary for Child Nutrition  
400 Independence Avenue, SE  
Washington, D.C. 20250-0012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <b>SPAGHETTI &amp; MEAT SAUCE</b> <b>HAM &amp; CHEESE ON BUN</b> Trimmings Chef Salad/Garden Salad Green Peas WW Garlic Toast/Saltine Crackers Fresh Fruit Bowl/Diced Pears Assorted Milk	3 <b>CHICKEN &amp; SAUSAGE GUMBO</b> <b>OVER RICE</b> <b>BBQ PORK SANDWICH</b> Trimmings Chef Salad/Garden Salad Mexicali Corn Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Pineapple Tidbits Assorted Milk	4 <b>VEGETABLE BEEF SOUP</b> <b>GRILLED CHICKEN SANDWICH</b> Trimmings Chef Salad/Garden Salad Steamed Broccoli Spears Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Peach Slices Assorted Milk	5 <b>CHEESY CHICKEN FIESTA</b> <b>OVER RICE</b> <b>HOTDOG</b> Trimmings Chef Salad/Garden Salad Green Peas Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Fruit Cocktail Assorted Milk	6 <b>BUFFALO HOT WINGS</b> <b>CHEESEBURGER</b> Trimmings Chef Salad/Garden Salad OB Potato Wedges Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Mandarin Orange Assorted Milk



**MARCH 9 – 13 SCHOOL CLOSED**

16 <b>BEEF-A-RONI</b> <b>HAM &amp; CHEESE ON HOAGIE</b> Trimmings Chef Salad/Garden Salad Whole Kernel Corn Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Peach Slices Assorted Milk	17 <b>CHICKEN SPAGHETTI</b> <b>TURKEY &amp; CHEESE WRAP</b> Trimmings Chef Salad/Garden Salad Southern Green Beans Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Peach Slices Assorted Milk	18 <b>BEEF STROGANOFF OVER RICE</b> <b>BBQ RIB SANDWICH</b> Trimmings Chef Salad/Garden Salad Macaroni and Cheese Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Pineapple Tidbits/Assorted Milk	19 <b>ITALIAN BAKED CHICKEN</b> <b>PHILLY CHEESE STEAK SAND</b> Trimmings Chef Salad/Garden Salad Black-eyed Peas Cornbread/Saltine Crackers Fresh Fruit Bowl/Fruit Cocktail Assorted Milk	20 <b>BEEFY NACHO GRANDE</b> <b>BACON CHEESEBURGER</b> Trimmings Chef Salad/Garden Salad Trimmings/Cheesy Broccoli Cornbread/Saltine Crackers Fresh Fruit Bowl/Applesauce Assorted Milk
23 <b>JOHN WAYNE CASSEROLE</b> <b>HAM &amp; CHEESE WRAP</b> Trimmings Ranch Chicken Salad/Garden Salad Mexicali Corn Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Pineapple Tidbits Assorted Milk	24 <b>STEAK FINGERS</b> <b>GRILLED CHEESE SANDWICH</b> Trimmings Ranch Chicken Salad/Garden Salad Lima Beans Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Blushing Pears Assorted Milk	25 <b>LOADED BAKED POTATO</b> <b>W/CHICKEN &amp; HAM</b> <b>TURKEY &amp; CHEESE HOAGIE</b> Trimmings Ranch Chicken Salad/Garden Salad/Trimmings California Veggies Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Rosey Applesauce/Assorted Milk	26 <b>BAKED PORK CHOP</b> <b>BACON CHEESEBURGER</b> Trimmings Ranch Chicken Salad/Garden Salad/Trimmings Steamed Cabbage Cornbread/Saltine Crackers Fresh Fruit Bowl/Diced Pears Assorted Milk	27 <b>PEPPERONI PIZZA</b> <b>HAM &amp; CHEESE ON BUN</b> Trimmings Ranch Chicken Salad/Garden Salad/Trimmings Baked Ranch Fries Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Peach Slices Assorted Milk
30 <b>CORN DOG</b> <b>TURKEY &amp; CHEESE HOAGIE</b> Trimmings Chef Salad/Garden Salad Green Peas Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Peach Slices Assorted Milk	31 <b>CHILI CHEESE OVER CHIPS</b> <b>HAM &amp; CHEESE ON HOAGIE</b> Trimmings Chef Salad/Garden Salad Whole Kernel Corn Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Peach Slices Assorted Milk	<p><b>Salad Dressing</b></p> <p>Note: All Garden Salads on the Hot Food serving line are served with (1 oz.) or PC RF-Buttermilk Ranch Dressing</p> <p><b>SEASONAL FRESH FRUIT Served Daily on ALL lines</b></p> <p><b>AND</b></p> <p><b>HOT GRITS OR OATMEAL SERVED DAILY for breakfast</b></p>		

*This Menu Is Subject To Change.*

WW=Whole Wheat; OB=Oven Baked; CHS=Cheese SAND=Sandwich