MILK Offered Daily 1% White and

Fat Free - Flavored



http://www.choosemyplate. gov/

PRICES

Breakfast

Student \$.000 Adult \$ 2.00 Visitors \$ 2.00

Lunch Adult

Student \$ 0.00 \$ 3.40 Visitors \$ 3.40

Salad Dressing

Note:

All Garden Salads on the Hot Food serving line are served with (1 oz.) or PC **RF-Buttermilk Ranch** Dressing

SEASONAL FRESH FRUIT Served Daily on ALL lines

Apple, Orange or Banana **OFFERED Daily** This Menu Is Subject To Change.



MONDAY Have a

CHICKEN STIR-FRY OVER RICE BBQ PORK SANDWICH CHEESEBURGER/HAM & CHEESE HOAGIE **Trimmings** Grilled Chicken Salad/Garden Salad Stuffed Crust Pizza

TUESDAY

Green Beans/Baked Potato Wedge Yeast Roll/Saltine Crackers Fresh Fruit Cup/Chilled Peach Slices Assorted Milk

4 SALISBURY STEAK WITH GRAVY CORN DOG/HAMBURGER **TURKEY CHEESE CIABATTA Trimmings**

WEDNESDAY

Mashed Potatoes/Black-Eved Peas Stuffed Crust Pizza Chef Salad/Garden Salad Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Fruit Cocktail Assorted Milk

POWER MEATBALL POTATO BOWL HAM & CHEESE WRAP AMERCAN SUB SANDWICH/HAMBURGER **Trimmings** Grilled Chicken Salad/Garden Salad

THURSDAY

Stuffed Crust Pizza Whole Kernel Corn/Crinkle Cut Fries Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Pineapple Tidbits Assorted Milk

BUFFALO HOT WINGS CHEESEBURGER Trimmings Sausage Pizza Baked Beans/Tater Tots Chef Salad/Garden Salad Soft Yeast Roll/Saltine Crackers Fresh Fruit Cup/Rosey Applesauce Assorted Milk

FRIDAY

CHICKEN SPAGHETTI CHEESEBURGER YOGURT-SANDWICH COMBO

eve and

Trimmings Chicken Parmesan/Cheese Pizza Grilled Chicken Salad/Garden Salad Crinkle Cut Fries/Green Peas Yeast Roll/Crackers Fresh Fruit Cup/Mandarin Fruit Cup

Assorted Milk

BEEF-A-RONI TURKEY & CHEESE HOAGIE HAMBURGER

Trimmings Mexican Pizza Green Beans/Oven-Baked Potato Wedges Chef Salad/Garden Salad Wheat Garlic Toast/Saltine Crackers Fresh Fruit Bowl//Blushing Chilled Pears **Assorted Milk**

11 **CHILI CHEESE FRIES CHEESEBURGER HOT DOG Trimmings**

Mexican Pizza Cheesy Broccoli/Baked Potato Wedges Chef Salad/Garden Salad Yeast Roll/Saltine Crackers Chilled Peach Slices/Fresh Fruit Cup **Assorted Milk**

12 **BROCCOLI CHICKEN CASSEROLE** STEAMED BROWN RICE HAMBURGER/Trimmings Spicy Chicken Sand Pepperoni Pizza Wedge Baked Potato Wedge/Whole Kernel Corn

Chef Salad/Garden Salad Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Fruit Cocktail Assorted Milk

13 CHICKEN TENDERS W/WAFFLES **HAM & CHEESE HOAGIE MEATBALLS** Trimmings Cheese Pizza

Chef Salad/Garden Salad Baked Beans/Tater Tots Soft Yeast Roll/Saltine Crackers Fruit Bowl/Blushing Chilled Pears Assorted Milk

16 MACARONI & CHEESE W/HAM SLICE CORNDOGCHEESEBURGER

Trimmings Sausage Pizza Oven Baked Potato Wedges/Green Beans Chef Salad/Garden Salad Soft Yeast Roll/Saltine Crackers Fresh Fruit Cup//Fruit Cocktail

Assorted Milk

23

CHICKEN STIR-FRY OVER RICE

BBQ PORK SANDWICH

HAM & CHEESE HOAGIE

Stuffed Crust Pizza

Chef Salad/Grilled Chicken Salad

Green Beans/Baked Potato Wedges

Soft Yeast Roll/Saltine Crackers

Fresh Fruit Bowl/Chilled Peach Slices

Assorted Milk

17 **BEEF TIPS OVER NOODLES** CHEESEBURGER **GRILLED CHICKEN SANDWICH**

Trimmings Pepperoni Pizza Wedge Grilled Chicken Salad/Garden Salad Lima Beans/Baked Potato Wedges Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Chilled Pear Halves Assorted Milk

STEAK FINCERS

CHEESEBURGER

AMERICAN SUB SANDWICH

Trimmings/Sausage Pizza

Grilled Chicken Salad/Garden Salad

Mac & Cheese/Baked Ranch Fries

Yeast Roll/Saltine Crackers

Fruit Bowl/Rosey Applesauce

Assorted Milk

18 **BBQ CHICKEN** HOTDOG TURKEY CHEESE CIABATTA

Cheese Pizza Chef Salad/Garden Salad Seasoned Cabbage/Baked Potato Wedges Yeast Roll/Cornbread/Saltine Crackers Fresh Fruit Bowl/Pineapple Tidbits Assorted Milk

Trimmings

19 LOADED BAKED POTATO W/CHICKEN & HAM **BBQ RIB SANDWICH TURKEY & CHEESE WRAP**

Trimmings Stuffed Crust Pizza California Veggies/Baked Ranch Fries Carrot-Raisin Salad/Chef Salad Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Blushing Chilled Pears **Assorted Milk**

CHICKEN NACHOS CHEESEBURGER **HAM & CHEESE HOAGIE Trimmings** Pepperoni Pizza Wedge

20

Grilled Chicken Salad/Garden Salad Whole Kernel Corn/Crinkle Cut Fries Soft Yeast Roll/Saltine Crackers Fresh Fruit Cup/Blushing Chilled Pears **Assorted Milk**

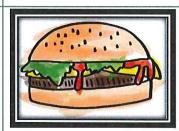
BUFFALO HOT WINGS HOTDOG TURKEY AND CHEESE WRAP

Trimmings

Sausage Pizza Cheesy Broccoli/Tater Tots

30 JOHN WAYNE CASSEROLE SPICY CHICKEN SANDWICH CHEESEBURGER

Pepperoni Pizza Wedge Lima Beans/Oven Baked Potato Wedges Chef Salad/Garden Salad Yeast Roll//Saltine Crackers Fresh Fruit Cup/Pineapple Tidbits Assorted Milk



BAKED PORK CHOP **TURKEY & CHEESE WRAP** HAMBURGER Trimmings

Cheese Pizza Mustard Greens/Baked Ranch Fries Chef Salad/Garden Salad Yeast Roll/Saltine Crackers/Cornbread Applesauce/Fresh Fruit Cup **Assorted Milk**

CHEESEBURGER **HAM & CHEESE WRAP Trimmings** Pepperoni Pizza Wedge Oven Baked Potato Wedges/Kernel Corn Grilled Chicken Salad/Garden Salad

SPAGHETTI & MEAT SAUCE

Grilled Chicken Salad/Garden Salad Yeast Roll/Saltine Crackers Saltine Crackers/Soft Yeast Roll Fresh Fruit Bowl/Pineapple Tidbits Fresh Fruit Bowl/Pineapple Tidbits Assorted Milk **Assorted Milk**





