Columbus Municipal School District SEPTEMBER 2019 HIGH SCHOOL LUNCH MENU

MILK
Offered Daily
1% White
and
Fat Free – Flavored

http://www.choosemyplate.gov/

PRICES

Breakfast	
Student	$ 0.00
Adult	$ 2.00
Visitors	$ 2.00
Lunch	
Student	$ 0.00
Adult	$ 3.40
Visitors	$ 3.40

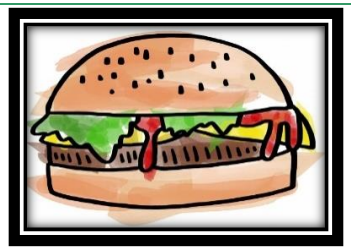
Salad Dressing

Note:

All Garden Salads on the Hot Food serving line are served with (1 oz.) or PC RF-Buttermilk Ranch Dressing

SEASONAL FRESH FRUIT
Served Daily on ALL lines

Apple, Orange or Banana
OFFERED Daily

This Menu Is Subject To Change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 	3 CHICKEN STIR-FRY OVER RICE BBQ PORK SANDWICH CHEESEBURGER/HAM & CHEESE HOAGIE Trimmings Grilled Chicken Salad/Garden Salad Stuffed Crust Pizza Green Beans/Baked Potato Wedge Yeast Roll/Saltine Crackers Fresh Fruit Cup/Chilled Peach Slices Assorted Milk/Vanilla Pudding	4 SALISBURY STEAK WITH GRAVY CORN DOG/HAMBURGER TURKEY CHEESE CIABATTA Trimmings Mashed Potatoes/Black-Eyed Peas Stuffed Crust Pizza Chef Salad/Garden Salad Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Fruit Cocktail Assorted Milk/Assorted Gelatins	5 POWER MEATBALL POTATO BOWL HAM & CHEESE WRAP AMERCAN SUB SANDWICH/HAMBURGER Trimmings Grilled Chicken Salad/Garden Salad Stuffed Crust Pizza Whole Kernel Corn/Crinkle Cut Fries Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Pineapple Tidbits Assorted Milk/Sugar Cookie	6 BUFFALO HOT WINGS CHICKEN PATTY SANDWICH CHEESEBURGER Trimmings Sausage Pizza Baked Beans/Tater Tots Chef Salad/Garden Salad Soft Yeast Roll/Saltine Crackers Fresh Fruit Cup/Rosey Applesauce Assorted Milk/Brownies
9 CHICKEN SPAGHETTI SLOPPY JOE ON BUN/CHEESEBURGER YOGURT-SANDWICH COMBO Trimmings Chicken Parmesan/Cheese Pizza Grilled Chicken Salad/Garden Salad Crinkle Cut Fries/Green Peas Yeast Roll/Crackers Fresh Fruit Cup/Mandarin Fruit Cup Assorted Milk Chocolate Chip Cookie	10 BEEF-A-RONI PHILLY CHICKEN SANDWICH TURKEY & CHEESE HOAGIE/HAMBURGER Trimmings Mexican Pizza Green Beans/Oven-Baked Potato Wedges Chef Salad/Garden Salad Wheat Garlic Toast/Saltine Crackers Fresh Fruit Bowl//Blushing Chilled Pears Assorted Milk Chocolate Pudding	11 CHILI CHEESE FRIES CHEESEBURGER/ HOT DOG AMERICAN SUB SANDWICH Trimmings Mexican Pizza Cheesy Broccoli/Baked Potato Wedges Chef Salad/Garden Salad Yeast Roll/Saltine Crackers Chilled Peach Slices/Fresh Fruit Cup Assorted Milk Yogurt Parfait	12 BROCCOLI CHICKEN CASSEROLE STEAMED BROWN RICE HAMBURGER/TURKEY CHEESE CIABATTA Trimmings Spicy Chicken Sand/Grilled Chicken Sand Pepperoni Pizza Wedge Baked Potato Wedge/Whole Kernel Corn Chef Salad/Garden Salad Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Fruit Cocktail Assorted Milk/Banana Pudding	13 CHICKEN TENDERS W/WAFFLES HAM & CHEESE HOAGIE MEATBALLS Trimmings Cheese Pizza Chef Salad/Garden Salad Baked Beans/Tater Tots Soft Yeast Roll/Saltine Crackers Fruit Bowl/Blushing Chilled Pears Assorted Milk Southern Mud
16 MACARONI & CHEESE W/HAM SLICE CORNDOG/CHEESEBURGER YOUGURT-SANDWICH COMBO Trimmings Sausage Pizza Oven Baked Potato Wedges/Green Beans Chef Salad/Garden Salad Soft Yeast Roll/Saltine Crackers Fresh Fruit Cup//Fruit Cocktail Assorted Milk Chocolate Chip Cookie	17 BEEF TIPS OVER NOODLES AMERICAN SUB SANDWICH GRILLED CHICKEN SANDWICH W/TRIMMINGS Cheeseburger/Pepperoni Pizza Grilled Chicken Salad/Garden Salad Lima Beans/Baked Potato Wedges Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Chilled Pear Halves Assorted Milk Assorted Gelatins w/Whip Topping	18 BBQ CHICKEN HOTDOG/CHEESEBURGER TURKEY CHEESE CIABATTA /trimmings Cheese Pizza Chef Salad/Garden Salad Seasoned Cabbage/Baked Potato Wedges Yeast Roll/Cornbread/Saltine Crackers Fresh Fruit Bowl/Pineapple Tidbits Assorted Milk Chocolate Chip Cookie	19 LOADED BAKED POTATO W/CHICKEN & HAM BBQ RIB SANDWICH/HAMBURGER TURKEY & CHEESE WRAP TRIMMINGS Stuffed Crust Pizza California Veggies/Baked Ranch Fries Carrot-Raisin Salad/Chef Salad Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Blushing Chilled Pears Assorted Milk Fruit Crisp	20 CHICKEN NACHOS/CHEESEBURGER PHILLY CHEESE STEAK SANDWICH HAM & CHEESE HOAGIE w/trimmings Pepperoni Pizza Wedge Grilled Chicken Salad/Garden Salad Whole Kernel Corn/Crinkle Cut Fries Soft Yeast Roll/Saltine Crackers Fresh Fruit Cup/Blushing Chilled Pears Assorted Milk Sugar Cookie
23 CHICKEN STIR-FRY OVER RICE BBQ PORK SANDWICH/HAMBURGER HAM & CHEESE HOAGIE Stuffed Crust Pizza Chef Salad/Grilled Chicken Salad Green Beans/Baked Potato Wedges Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Chilled Peach Slices Assorted Milk Vanilla Pudding	24 STEAK FINCERS CHICKEN QUESADILLAS CHEESEBURGER/AMERICAN SUB SANDWICH Trimmings/Sausage Pizza Grilled Chicken Salad/Garden Salad Mac & Cheese/Baked Ranch Fries Yeast Roll/Saltine Crackers Fruit Bowl/Rosey Applesauce Assorted Milk Sugar Cookies	25 BAKED PORK CHOP TURKEY & CHEESE WRAP CHICKEN SALAD SANDWICH/HAMBURGER Trimmings/Cheese Pizza Mustard Greens/Baked Ranch Fries Chef Salad/Garden Salad Yeast Roll/Saltine Crackers/Cornbread Applesauce/Fresh Fruit Cup Assorted Milk Fruit Crisp	26 SPAGHETTI & MEAT SAUCE BBQ RIB SANDWICH/CHEESEBURGER HAM & CHEESE WRAP Trimmings Pepperoni Pizza Wedge Oven Baked Potato Wedges/Kernel Corn Grilled Chicken Salad/Garden Salad Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Pineapple Tidbits Assorted Milk/Southern Mud	27 BUFFALO HOT WINGS HOTDOG CHICKEN PATTY SANDWICH Trimmings Sausage Pizza Cheesy Broccoli/Tater Tots Grilled Chicken Salad/Garden Salad Saltine Crackers/Soft Yeast Roll Fresh Fruit Bowl/Pineapple Tidbits Assorted Milk/Banana Pudding
30 JOHN WAYNE CASSEROLE SPICY CHICKEN SANDWICH/CHEESEBURGER YOGURT-SANDWICH COMBO w/Trimmings Pepperoni Pizza Wedge Lima Beans/Oven Baked Potato Wedges Chef Salad/Garden Salad Yeast Roll//Saltine Crackers Fresh Fruit Cup/Pineapple Tidbits Assorted Milk/Chocolate Chip Cookie