


MILK
Offered Daily
1% White
and
Fat Free – Flavored



MyPlate

<http://www.choosemyplate.gov/>

PRICES

Breakfast

Student \$.000
Adult \$ 1.85
Visitors \$ 1.85

Lunch


Student \$ 0.00
Adult \$ 3.20
Visitors \$ 3.20

Salad Dressing

Note:
All Garden Salads on the Hot Food serving line are served with (1 oz.) or PC RF-Buttermilk Ranch Dressing

SEASONAL FRESH FRUIT
Served Daily on ALL lines

Apple, Orange or Banana OFFERED Daily
This Menu Is Subject To Change.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;">1</p> <p><u>MACARONI & CHEESE W/HAM SLICE</u> <u>CHICKEN ALFREDO</u> <u>CORN DOG</u> <u>HAMBURGER W/TRIMMINGS</u> <u>TURKEY & CHEESE ON CIABATTA BUN</u> Pepperoni Pizza Wedge Oven Baked Potato Wedges Green Peas Chef Salad/Garden Salad Saltine Crackers/Soft Yeast Roll Fresh Fruit Bowl/Pineapple Tidbits Assorted Milk</p>	<p style="text-align: center;">2</p> <p><u>BROCCOLI CHICKEN CASSEROLE</u> <u>SPAGHETTI & MEAT SAUCE</u> <u>BBO RIB SANDWICH</u> <u>CHEESEBURGER</u> <u>HAM & CHEESE SANDWICH</u> Pepperoni Pizza Wedge Oven Baked Potato Wedges Whole Kernel Corn Chef Salad/Garden Salad Whole Wheat Garlic/Saltine Crackers Fresh Fruit Bowl/Applesauce Assorted Milk</p>	<p style="text-align: center;">3</p> <p><u>MEATLOAF</u> <u>CHICKEN A LA KING OVER RICE</u> <u>TURKEY & CHEESE ON CIABATTA BUN</u> <u>HAMBURGER W/TRIMMINGS</u> <u>SPICY CHICKEN SANDWICH</u> Stuffed Crust Pizza Oven Baked Potato Wedges Black-Eyed Peas Chef Salad/Garden Salad Cornbread/Saltine Crackers Fresh Fruit Bowl/Chilled Pears Assorted Milk</p>	<p style="text-align: center;">4</p> <p><u>BAKED PORK CHOPS</u> <u>RED BEANS & RICE W/SAUSAGE</u> <u>AMERICAN SUB SANDWICH</u> <u>HAMBURGER W/TRIMMINGS</u> <u>BBO PULLED PORK</u> Mexican Pizza Oven Baked Potato Wedges Green Bean Casserole Chef Salad/Garden Salad Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Peach Slices Assorted Milk</p>	<p style="text-align: center;">5</p> <p><u>BUFFALO HOT WINGS</u> <u>BBO MEATBALL HOAGIE</u> <u>CHEESEBURGER</u> Cheesy Breadstick w/Marina Sauce Baked Beans Baked Ranch Fries Chef Salad/Garden Salad Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Fruit Cocktail Assorted Milk</p>
<p style="text-align: center;">8</p> <p><u>CHICKEN STIR FRY OVER RICE</u> <u>SLOPPY JOE ON BUN</u> <u>HAMBURGER W/TRIMMINGS</u> <u>TURKEY & CHEESE ON CIABATTA BUN</u> <u>GRILLED CHICKEN SANDWICH</u> Cheese Pizza Oven Baked Potato Wedges Green Peas Chef Salad/Garden Salad Saltine Crackers Soft Yeast Roll Fresh Fruit Bowl Diced Pears Assorted Milk</p>	<p style="text-align: center;">9</p> <p><u>LOADED BAKED POTATO W/TRIMMINGS</u> <u>BEEF STROGANOFF OVER RICE</u> <u>HAMBURGER W/TRIMMINGS</u> <u>TURKEY & CHEESE HOAGIE</u> <u>BBO RIB SANDWICH</u> Pepperoni Pizza Wedge Oven Baked Potato Wedges California Veggies Chef Salad/Garden Salad Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Pineapple Tidbits Assorted Milk</p>	<p style="text-align: center;">10</p> <p><u>JOHN WAYNE CASSEROLE</u> <u>CHICKEN NACHOS</u> <u>CHEESEBURGER</u> <u>AMERICAN SUB SANDWICH</u> Pepperoni Pizza Wedges Oven Baked Potato Wedges Green Beans Chef Salad/Garden Salad Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Applesauce Assorted Milk</p>	<p style="text-align: center;">11</p> <p><u>BEEFY NACHO GRANDE</u> <u>VEGETABLE LASAGNA</u> <u>CHEESEBURGER</u> <u>CHILI DOG</u> <u>TURKEY & CHEESE ON CIABATTA BUN</u> Stuffed Crust Pizza Oven Baked Potato Wedges Whole Kernel Corn Chef Salad/Garden Salad Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Fruit Cocktail Assorted Milk</p>	<p style="text-align: center;">12</p> <p><u>CHICKEN TENDERS</u> <u>WAFFLES IN A BAG</u> <u>HAMBURGER W/TRIMMINGS</u> <u>HAM & CHEESE HOAGIE</u> Cheese Pizza Baked Beans Baked Ranch Fries Chef Salad/Garden Salad Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Pineapple Tidbits Assorted Milk</p>
<p style="text-align: center;">15</p> <p><u>CHICKEN SPAGHETTI</u> <u>STEAK FINGERS</u> <u>CHEESEBURGER</u> <u>AMERICAN SUB SANDWICH</u> <u>HOT DOG</u> Mexican Pizza Oven Baked Potato Wedges/Green Peas Chef Salad/Garden Salad Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Diced Pears Assorted Milk</p>	<p style="text-align: center;">16</p> <p><u>CHILLI CHEESE FRIES</u> <u>CHICKEN QUESADILLAS</u> <u>HAMBURGER W/TRIMMINGS</u> <u>HAM & CHEESE ON CIABATTA BUN</u> <u>GRILLED CHICKEN SANDWICH</u> Stuffed Crust Pizza Oven Baked Potato Wedges/Cheesy Broccoli Chef Salad/Garden Salad Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Peach Slices Assorted Milk</p>	<p style="text-align: center;">17</p> <p><u>BARBECUE CHICKEN</u> <u>TACO OLE W/CHIPS</u> <u>CHEESEBURGER</u> <u>HAM & CHEESE WRAP</u> <u>SPICY CHICKEN SANDWICH</u> Sausage Pizza Chef Salad/Garden Salad w/Dressing/Crackers Baked Potato Wedges/ Scalloped Potatoes/Roll Fresh Fruit Bowl Pineapple Tidbits Assorted Milk</p>	<p style="text-align: center;">18</p> <p><u>BEEF-A-RONI</u> <u>COUNTRY FRIED STEAK</u> <u>BROWN RICE & GRAVY</u> <u>AMERICAN SUB</u> <u>HAMBURGER W/TRIMMINGS</u> Pepperoni Pizza Chef Salad/Garden Salad/Crackers Green Beans/Baked Potato Wedges/Roll Fresh Fruit Bowl Fruit Cocktail Assorted Milk</p>	<p style="text-align: center;">19</p> <div style="border: 1px solid green; padding: 5px; text-align: center;"> <p>Good Friday</p> <p>No School Today</p>  </div>
<p style="text-align: center;">22</p> <p><u>BAKED PORK CHOP</u> <u>SPICY CHICKEN SANDWICH</u> <u>CHEESEBURGER</u> <u>HAM & CHEESE WRAP</u> Cheese Pizza Chef Salad/Garden Salad Seasoned Cabbage/Oven Baked Potato Wedges Cornbread/Saltine Crackers Fresh Fruit Bowl/Chilled Pears Assorted Milk</p>	<p style="text-align: center;">23</p> <p><u>HUNTINGTON CHICKEN</u> <u>CORN DOG</u> <u>HAMBURGER W/TRIMMINGS</u> <u>TURKEY & CHEESE WRAP</u> Sausage Pizza Chef Salad/Garden Salad/Crackers Lima Beans/Crinkle Cut Fries/Roll Fresh Fruit Bowl/Pear Halves Assorted Milk</p>	<p style="text-align: center;">24</p> <p><u>RED BEANS & RICE W/SAUSAGE</u> <u>CHICKEN ALFREDO</u> <u>CHEESEBURGER</u> <u>COUNTRY FRIED STEK</u> <u>HAM & CHEESE WRAP</u> Stuffed Crust Pizza/Chef Salad/Garden Salad Roll/Crackers Green Peas/Baked Potato Wedges Fresh Fruit Bowl/Fruit Cocktail Assorted Milk</p>	<p style="text-align: center;">25</p> <p><u>BEEF TIPS OVER RICE</u> <u>CHICKEN NACHOS</u> <u>HAMBURGER W/TRIMMINGS</u> <u>HAM & CHEESE ON CIABATTA BUN</u> <u>GRILLED CHICKEN SANDWICH</u> Mexican Pizza Chef Salad/Garden Salad w/Dressing/Crackers Baked Potato Wedges/Whole Kernel Corn/Roll Fresh Fruit Bowl/Applesauce Assorted Milk</p>	<p style="text-align: center;">26</p> <p><u>BUFFALO HOT WINGS</u> <u>PHILLY SHEESE STEAK SANDWICH</u> <u>CHEESEBURGER</u> <u>TURKEY & CHEESE WRAP</u> Pepperoni Pizza Chef Salad/ Garden Salad/Crackers Baked Beans/Baked Ranch Fries/Roll Fresh Fruit Bowl/Fruit Cocktail Assorted Milk</p>
<p style="text-align: center;">29</p> <p><u>CHICKEN TETRAZZINI</u> <u>CORN DOG NUGGETS</u> <u>OLD FASHION CHEESEBURGER</u> <u>SLOPPY JOE ON BUN</u> <u>TURKEY & CHEESE WRAP</u> Stuffed Crust Pizza/Chef Salad/Garden Salad/Crackers Green Beans/Baked Potato Wedges/Roll Mandarin Cup/Fresh Fruit Bowl Assorted Milk</p>	<p style="text-align: center;">30</p> <p><u>TACO PIE</u> <u>CHICKEN QUESADILLAS</u> <u>HAMBURGER W/TRIMMINGS</u> <u>AMERICAN SUB SANDWICH</u> <u>BBO PULLED BURGER</u> Pepperoni Pizza Wedges Chef Salad/Garden Salad w/Dressing/Crackers Baked Ranch Fries/Whole Kernel Corn/Roll Fresh Fruit Bowl/Pear Halves Assorted Milk</p>		 <p style="text-align: center;">fruits & veggies MAKE HEALTHY BODIES</p>	 <p style="text-align: center;">The Zone Nutrition Building a Healthier Student Body</p>