



MILK
Offered Daily
1% White
and
Fat Free – Flavored

MyPlate
<http://www.choosemyplate.gov/>

PRICES

Breakfast
Student \$.000
Adult \$ 1.85
Visitors \$ 1.85

Lunch
Student \$ 0.00
Adult \$ 3.20
Visitors \$ 3.20

Salad Dressing
Note:
All Garden Salads on the Hot Food serving line are served with (1 oz.) or PC RF-Buttermilk Ranch Dressing

SEASONAL FRESH FRUIT
Served Daily on ALL lines

Apple, Orange or Banana
OFFERED Daily
This Menu Is Subject To Change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>March is National Nutrition Month</p>	<p>What Makes a Lunch?</p>			<p>1 <u>BUFFALO HOT WINGS</u> <u>OLD FASHION HAMBURGER</u> Chef Salad Garden Salad W/Dressing Baked Beans Saltine Crackers Fresh Fruit Bowl Applesauce Assorted Milk</p>
<p>4 <u>OVEN BAKED STEAK FINGERS</u> <u>STEAMED BROWN RICE/GRAVY RICE</u> <u>HAM & CHEESE WRAP</u> Chef Salad Garden Salad W/Dressing Oven Baked Potato Wedges Green Peas Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Chilled Pears Assorted Milk</p>	<p>5 <u>ITALIAN SPAGHETTI & MEAT SAUCE</u> <u>TURKEY & CHEESE ON CIABATTA BUN</u> Chef Salad Garden Salad W/Dressing Whole Kernel Corn Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Fruit Cocktail Assorted Milk</p>	<p>6 <u>CHILLI CHEESE FRIES</u> <u>JUICY JUMBO HOT DOG</u> Chef Salad Garden Salad W/Dressing Cheesy Broccoli Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Chilled Peach Slices Assorted Milk</p>	<p>7 <u>MACARONI & CHEESE</u> <u>HAM SLICE</u> <u>PULLED PORK ON CIABATTA BUN</u> Chef Salad Garden Salad W/Dressing Southern Green Beans Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Pineapple Tidbits Assorted Milk</p>	<p>8 <u>BUFFALO HOT WINGS</u> <u>OLD FASHION CHEESEBURGER</u> Chef Salad Garden Salad W/Dressing Baked Ranch Fries Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Applesauce Assorted Milk</p>
<p>11</p>	<p>12</p>	<p>13</p>	<p>14</p>	<p>15</p>
<p>18 <u>OVEN BAKED PORK CHOP</u> <u>HAM & CHEESE HOAGIE</u> Chef Salad Garden Salad Southern Lima Beans Southern Cornbread Saltine Crackers Fresh Fruit Bowl Chilled Peach Slices Assorted Milk</p>	<p>19 <u>HONEY LEMON CHICKEN</u> <u>OLD FASHION CHEESEBURGER</u> Chef Salad Garden Salad W/Dressing Au Gratin Potatoes Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Chilled Pear Halves Assorted Milk</p>	<p>20 <u>OVEN BAKED CORN DOG</u> <u>TURKEY & CHEESE HOAGIE</u> Chef Salad Garden Salad W/Dressing Cheesy Broccoli Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Pineapple Tidbits Assorted Milk</p>	<p>21 <u>TACO PIE</u> <u>SPICY CHICKEN SANDWICH</u> Chef Salad Garden Salad W/Dressing Green Peas Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Fruit Cocktail Assorted Milk</p>	<p>22 <u>WAFFLES IN A BAG</u> <u>OVEN BAKED CHICKEN TENDERS</u> <u>OLD FASHION HAMBURGER</u> Chef Salad Garden Salad W/Dressing Baked Beans Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Applesauce Assorted Milk</p>
<p>25 <u>SALISBURY STEAK W/GRAVY</u> <u>STEAMED BROWN RICE</u> <u>BBQ RIB SANDWICH</u> <u>PERSONAL PAN PIZZA</u> Chef Salad Garden Salad W/Dressing Black-Eyed Peas Southern Cornbread Saltine Crackers Fresh Fruit Bowl Pineapple Tidbits Assorted Milk</p>	<p>26 <u>BEEF-A-RONI</u> <u>AMERICAN SUB SANDWICH</u> Chef Salad Garden Salad W/Dressing Oven Baked Potato Wedges Southern Biscuit Saltine Crackers Fresh Fruit Bowl Diced Pears Assorted Milk</p>	<p>27 <u>CHEESY BREADSTICKS W/MARINARA SAUCE</u> <u>MEATBALL HOAGIE</u> Chef Salad Garden Salad W/Dressing Southern Green Beans Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Fruit Cocktail Assorted Milk</p>	<p>28 <u>BEEFY NACHO GRANDE</u> <u>HAM & CHEESE WRAP</u> Chef Salad Garden Salad W/Dressing Sweet Green Peas Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Applesauce Assorted Milk</p>	<p>29 <u>BUFFALO HOT WINGS</u> <u>OLD FASHION HAMBURGER</u> Chef Salad Garden Salad W/Dressing Oven Baked Potato Wedges Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Peach Slices Assorted Milk</p>