

MILK
Offered Daily
1% White
and
Fat Free - Flavored



<http://www.choosemyplate.gov>

PRICES

Breakfast

Student \$.000
Adult \$ 1.85
Visitors \$ 1.85

Lunch

Student \$ 0.00
Adult \$ 3.20
Visitors \$ 3.20

Salad Dressing

Note:

All Garden Salads on the Hot Food serving line are served with (1 oz.) or PC

RF-Buttermilk Ranch Dressing

SEASONAL FRESH FRUIT
Served Daily on ALL lines

Apple, Orange or Banana OFFERED Daily

This Menu Is Subject To Change.



AND JUSTICE FOR ALL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>March is National Nutrition Month</p>	<p>NATIONAL SCHOOL BREAKFAST WEEK MARCH 4-8, 2019</p>			<p>1 <u>BREAKFAST SAUSAGE PIZZA</u> <u>BOWL OF GRITS</u> <u>CINNAMON CHEX CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>
<p>4 <u>CHICKEN BISCUIT</u> <u>HOT BOWL OF GRITS</u> <u>CINNAMON TOAST CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>5 <u>CINNAMON ROLLS</u> <u>HAM SLICE</u> <u>HOT BOWL OF GRITS</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>6 <u>SAUSAGE BISCUIT</u> <u>HOT BOWL OF GRITS</u> <u>LUCKY CHARMS CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>7 <u>APPLE FRUDEL</u> <u>HOT BOWL OF GRITS</u> <u>FROSTED FLAKES</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>8 <u>BREAKFAST SAUSAGE PIZZA</u> <u>BOWL OF GRITS</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>
<p>11 </p>	<p>12 </p>	<p>13 </p>	<p>14 </p>	<p>15 </p>
<p>18 <u>BANANA BREAKFAST BREAD</u> <u>HOT BOWL OF GRITS</u> <u>CINNAMON TOAST CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>19 <u>CHEESE OMELET</u> <u>SOUTHERN BISCUIT</u> <u>HOT BOWL OF GRITS</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>20 <u>SAUSAGE & PANCAKE ON A STICK</u> <u>HOT BOWL OF GRITS</u> <u>LUCKY CHARMS CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>21 <u>FRENCH TOAST STICKS</u> <u>HOT BOWL OF GRITS</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>22 <u>BREAKFAST SAUSAGE PIZZA</u> <u>HOT BOWL OF GRITS</u> <u>FROSTED FLAKES</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>
<p>25 <u>SAUSAGE & PANCAKE ON A STICK</u> <u>HOT BOWL OF GRITS</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>26 <u>BREAKFAST SLIDERS</u> <u>HOT BOWL OF GRITS</u> <u>LUCKY CHARMS CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>27 <u>MINI PANCAKES IN A BAG</u> <u>SAUSAGE PATTY</u> <u>HOT BOWL OF GRITS</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>28 <u>BACON BISCUIT</u> <u>HASHBROWN POTATOES</u> <u>HOT BOWL OF GRITS</u> <u>CINNAMON TOAST CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>29 <u>BREAKFAST SAUSAGE PIZZA</u> <u>BOWL OF GRITS</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>