

# February

Columbus Municipal School District

2019 HIGH SCHOOL BREAKFAST MENU

**MILK**  
Offered Daily

1% White  
and  
Fat Free - F



MyPlate

avored  
<http://www.choosemyplate.gov/>

**PRICES**

**Breakfast**  
Student \$ .000  
Adult \$ 1.85  
Visitors \$ 1.85  
**Lunch**  
Student \$ 0.00  
Adult \$ 3.20  
Visitors \$ 3.20

**Salad Dressing**

**Note:**  
All Garden Salads on the Hot Food serving line are served with (1 oz.) or PC RF-Buttermilk Ranch Dressing

**SEASONAL FRESH FRUIT**  
Served Daily on ALL lines

Apple, Orange or Banana OFFERED Daily  
*This Menu Is Subject To Change.*



**MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY**



**1**  
BREAKFAST SAUSAGE PIZZA  
BOWL OF GRITS  
ASSORTED COLD CEREAL  
Fresh Fruit Bowl  
Assorted Fruit Juice  
Assorted Milk

**4**  
CHEESE OMELET  
WHEAT TOAST  
HOT BOWL OF GRITS  
CINNAMON TOAST CEREAL  
Fresh Fruit Bowl  
Assorted Fruit Juice  
Assorted Milk

**5**  
FRENCH TOAST STICKS  
HOT BOWL OF GRITS  
ASSORTED COLD CEREAL  
Fresh Fruit Bowl  
Assorted Fruit Juice  
Assorted Milk

**6**  
CINNAMON ROLLS  
HAM SLICE  
HOT BOWL OF GRITS  
LUCKY CHARMS CEREAL  
Fresh Fruit Bowl  
Assorted Fruit Juice  
Assorted Milk

**7**  
BANANA BREAKFAST BREAD  
HOT BOWL OF GRITS  
CINNAMON TOAST CEREAL  
Fresh Fruit Bowl  
Assorted Fruit Juice  
Assorted Milk

**8**  
BREAKFAST SAUSAGE PIZZA  
BOWL OF GRITS  
ASSORTED COLD CEREAL  
Fresh Fruit Bowl  
Assorted Fruit Juice  
Assorted Milk

**11**  
SAUSAGE & BISCUIT  
HOT BOWL OF GRITS  
ASSORTED COLD CEREAL  
Fresh Fruit Bowl  
Assorted Fruit Juice  
Assorted Milk

**12**  
SAUSAGE & PANCAKE ON A STICK  
HOT BOWL OF GRITS  
ASSORTED CEREAL  
Fresh Fruit Bowl  
Assorted Fruit Juice  
Assorted Milk

**13**  
SCRAMBLED EGGS ON CROISSANT  
HOT BOWL OF GRITS  
CINNAMON TOAST CEREAL  
Fresh Fruit Bowl  
Assorted Fruit Juice  
Assorted Milk

**14**  
**HAPPY VALENTINE'S DAY**   
CINNAMON ROLLS  
HAM SLICE  
HOT BOWL OF GRITS  
LUCKY CHARMS CEREAL  
Fresh Fruit Bowl  
Assorted Fruit Juice  
Assorted Milk

**15**  
BREAKFAST SAUSAGE PIZZA  
HOT BOWL OF GRITS  
FROSTED FLAKES CEREAL  
Fresh Fruit Bowl  
Assorted Fruit Juice  
Assorted Milk

**18**  
  
**NO SCHOOL**

**19**  
BANANA BREAKFAST BREAD  
HOT BOWL OF GRITS  
CINNAMON TOAST CEREAL  
Fresh Fruit Bowl  
Assorted Fruit Juice  
Assorted Milk

**20**  
HAM CROISSANT  
HASHBROWN POTATOES  
HOT BOWL OF GRITS  
FROSTED FLAKES CEREAL  
Fresh Fruit Bowl  
Assorted Fruit Juice  
Assorted Milk

**21**  
APPLE FRUDEL  
HOT BOWL OF GRITS  
FROSTED FLAKES CEREAL  
Fresh Fruit Bowl  
Assorted Fruit Juice  
Assorted Milk

**22**  
BREAKFAST SAUSAGE PIZZA  
HOT BOWL OF GRITS  
LUCKY CHARMS CEREAL  
Fresh Fruit Bowl  
Assorted Fruit Juice  
Assorted Milk

**25**  
BACON BISCUIT  
HASHBROWN POTATOES  
HOT BOWL OF GRITS  
ASSORTED COLD CEREAL  
Fresh Fruit Bowl  
Assorted Fruit Juice  
Assorted Milk

**26**  
BLUEBERRY MUFFIN LOAF  
HAM SLICE  
HOT BOWL OF GRITS  
CINNAMON TOAST CEREAL  
Fresh Fruit Bowl  
Assorted Fruit Juice  
Assorted Milk

**27**  
FRENCH TOAST STICKS  
HAM SLICE  
HOT BOWL OF GRITS  
ASSORTED COLD CEREAL  
Fresh Fruit Bowl  
Assorted Fruit Juice  
Assorted Milk

**28**  
CHEESE OMELET  
BISCUIT  
HOT BOWL OF GRITS  
ASSORTED COLD CEREAL  
Fresh Fruit Bowl  
Assorted Fruit Juice  
Assorted Milk

