

MILK
Offered Daily
1% White
and
Fat Free – Flavored



MyPlate
<http://www.choosemyplate.gov/>

PRICES

Breakfast

Student	\$.000
Adult	\$ 1.85
Visitors	\$ 1.85

Lunch

Student	\$ 0.00
Adult	\$ 3.20
Visitors	\$ 3.20

Salad Dressing

Note:
All Garden Salads on the Hot Food serving line are served with (1 oz.) or PC RF-Buttermilk Ranch Dressing

SEASONAL FRESH FRUIT
Served Daily on ALL lines

Apple, Orange or Banana OFFERED Daily
This Menu Is Subject To Change.



AND JUSTICE FOR ALL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>EAT YOUR VEGGIES FOR HEART HEALTH!</p>	 <p>February - Potato Lovers Month</p>	 <p>MILK</p>		<p>1 SMOOTHED SALISBURY STEAK W/GRAY TURKEY & CHEESE ON CIABATTA BUN Chef Salad Garden Salad W/Dressing Southern Lima Beans Southern Cornbread Saltine Crackers Fresh Fruit Bowl Chilled Pears Assorted Milk</p>
<p>4 CHEESY MACARONI & CHEESE HAM SLICE OLD FASHION HAMBURGER Chef Salad Garden Salad W/Dressing Southern Green Beans Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Sweet Applesauce Assorted Milk</p>	<p>5 ITALIAN SPAGHETTI & MEAT SAUCE GRILLED CHICKEN SANDWICH Chef Salad Garden Salad W/Dressing Cheesy Broccoli Whole Wheat Garlic Toast Saltine Crackers Fresh Fruit Bowl Chilled Diced Pears Assorted Milk</p>	<p>6 SEASONED BAKED CHICKEN HAM & CHEESE ON CIABATTA BUN Chef Salad Garden Salad W/Dressing Southern Black-Eyed Peas Southern Cornbread Saltine Crackers Fresh Fruit Bowl Fruit Cocktail Assorted Milk</p>	<p>7 CHICKEN STIR FRY OVER RICE TURKEY & CHEESE WRAP Chef Salad Garden Salad W/Dressing Whole Kernel Corn Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Chilled Peach Slices Assorted Milk</p>	<p>8 STUFFED CRUST PIZZA JUICY JUMBO HOT DOG Chef Salad Garden Salad W/Dressing Oven Baked Potato Wedges Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Nutritious Pineapple Tidbits Assorted Milk Chocolate Chip Cookie</p>
<p>11 CHICKEN NOODLE SOUP & SANDWICH HAM & CHEESE WRAP Chef Salad Garden Salad W/Dressing Southern Lima Beans Southern Biscuit Saltine Crackers Fresh Fruit Bowl Fruit Cocktail Assorted Milk</p>	<p>12 ITALIAN BEEF-A-RONI TURKEY & CHEESE HOAGIE Chef Salad Garden Salad W/Dressing Whole Kernel Corn Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Chilled Pears Assorted Milk</p>	<p>13 OVEN BAKED CORN DOG AMERICAN SUB SANDWICH Chef Salad Garden Salad W/Dressing Cheesy Broccoli Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Nutritious Pineapple Tidbits Assorted Milk</p>	<p>14 HAPPY VALENTINE'S DAY TACO OLE W/CHIPS OLD FASHION CHEESEBURGER Chef Salad Garden Salad W/Dressing Southern Green Beans Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Chilled Pear Halves Assorted Milk Brownie</p>	<p>15 BUFFALO HOT WINGS TURKEY & CHEESE HOAGIE Chef Salad Garden Salad W/Dressing Savory Baked Beans Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Sweet Applesauce Assorted Milk</p>
<p>18 Presidents' Day NO SCHOOL</p>	<p>19 CHICKEN TENDERS WAFFLES IN A BAG OLD FASHION HAMBURGER Chef Salad Garden Salad W/Dressing Creamy Mashed Potato W/Cheese Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Fruit Cocktail Assorted Milk</p>	<p>20 SMOTHERED BEEF TIPS OVER RICE JUICY JUMBO HOT DOG Chef Salad Garden Salad W/Dressing Steamed Carrots Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Chilled Diced Pears Assorted Milk</p>	<p>21 NEW ORLEAN STYLE CHICKEN & SAUSAGE JAMBALAYA TURKEY & CHEESE HOAGIE Chef Salad Garden Salad W/Dressing Sweet Green Peas Southern Biscuit Saltine Crackers Fresh Fruit Bowl Nutritious Pineapple Tidbits Assorted Milk Sugar Cookie</p>	<p>22 PEPPERONI PIZZA WEDGE AMERICAN SUB SANDWICH Chef Salad Garden Salad W/Dressing Baked Ranch Fries Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Chilled Peach Slices Assorted Milk</p>
<p>25 OVEN BAKED PORK CHOP OLD FASHION CHEESEBURGER Chef Salad Garden Salad W/Dressing Southern Mustard Greens Southern Cornbread Saltine Crackers Fresh Fruit Bowl Fruit Cocktail Assorted Milk Chocolate Pudding</p>	<p>26 LOADED BAKED POTATOE W/CHICKEN & HAM BBO PORK SANDWICH Chef Salad Garden Salad W/Dressing California Veggies Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Nutritious Pineapple Tidbits Assorted Milk</p>	<p>27 ITALIAN BEEF RAVIOLI TURKEY & CHEESE HOAGIE Chef Salad Garden Salad W/Dressing Whole Kernel Corn Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl Fruit Cocktail Assorted Milk</p>	<p>28 CHICKEN ALFREDO OLD FASHION CHEESEBURGER Chef Salad Garden Salad W/Dressing Southern Lima Beans Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Chilled Pears Assorted Milk</p>	 <p>HEALTHY HEATING</p>