

MILK
Offered Daily
1% White
and
Fat Free – Flavored

MyPlate
<http://www.choosemyplate.gov/>

PRICES
Breakfast
Student \$.000
Adult \$ 1.85
Visitors \$ 1.85
Lunch
Student \$ 0.00
Adult \$ 3.20
Visitors \$ 3.20

Salad Dressing
Note:
All Garden Salads on the Hot Food serving line are served with (1 oz.) or PC RF-Buttermilk Ranch Dressing

SEASONAL FRESH FRUIT
Served Daily on ALL lines

Apple, Orange or Banana OFFERED Daily
This Menu Is Subject To Change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p>1 <u>BREAKFAST SAUSAGE PIZZA</u> <u>BOWL OF GRITS</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>
<p>4 <u>CHEESE OMELET</u> <u>WHEAT TOAST</u> <u>HOT BOWL OF GRITS</u> <u>CINNAMON TOAST CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>5 <u>FRENCH TOAST STICKS</u> <u>HOT BOWL OF GRITS</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>6 <u>CINNAMON ROLLS</u> <u>HAM SLICE</u> <u>HOT BOWL OF GRITS</u> <u>LUCKY CHARMS CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>7 <u>BANANA BREAKFAST BREAD</u> <u>HOT BOWL OF GRITS</u> <u>CINNAMON TOAST CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>8 <u>BREAKFAST SAUSAGE PIZZA</u> <u>BOWL OF GRITS</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>
<p>11 <u>SAUSAGE & BISCUIT</u> <u>HOT BOWL OF GRITS</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>12 <u>SAUSAGE & PANCAKE ON A STICK</u> <u>HOT BOWL OF GRITS</u> <u>ASSORTED CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>13 <u>SCRAMBLED EGGS ON CROISSANT</u> <u>HOT BOWL OF GRITS</u> <u>CINNAMON TOAST CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>14 HAPPY VALENTINE'S DAY <u>CINNAMON ROLLS</u> <u>HAM SLICE</u> <u>HOT BOWL OF GRITS</u> <u>LUCKY CHARMS CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>15 <u>BREAKFAST SAUSAGE PIZZA</u> <u>HOT BOWL OF GRITS</u> <u>FROSTED FLAKES CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>
<p>18 NO SCHOOL</p>	<p>19 <u>BANANA BREAKFAST BREAD</u> <u>HOT BOWL OF GRITS</u> <u>CINNAMON TOAST CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>20 <u>HAM CROISSANT</u> <u>HASHBROWN POTATOES</u> <u>HOT BOWL OF GRITS</u> <u>FROSTED FLAKES CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>21 <u>APPLE FRUDEL</u> <u>HOT BOWL OF GRITS</u> <u>FROSTED FLAKES CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>22 <u>BREAKFAST SAUSAGE PIZZA</u> <u>HOT BOWL OF GRITS</u> <u>LUCKY CHARMS CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>
<p>25 <u>BACON BISCUIT</u> <u>HASHBROWN POTATOES</u> <u>HOT BOWL OF GRITS</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>26 <u>BLUEBERRY MUFFIN LOAF</u> <u>HAM SLICE</u> <u>HOT BOWL OF GRITS</u> <u>CINNAMON TOAST CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>27 <u>FRENCH TOAST STICKS</u> <u>HAM SLICE</u> <u>HOT BOWL OF GRITS</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>28 <u>CHEESE OMELET</u> <u>SOUTHERN BISCUIT</u> <u>HOT BOWL OF GRITS</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	