

### HIGH SCHOOL LUNCH MENU

### MILK Offered Daily 1% White

and



http://www.choosemyplat e.gov/

### **PRICES**

### **Breakfast**

 Student
 \$ .000

 Adult
 \$ 1.85

 Visitors
 \$ 1.85

 Lunch

 Student
 \$ 0.00

Student \$ 0.00 Adult \$ 3.20 Visitors \$ 3.20

#### Salad Dressing

#### Note:

All Garden Salads on the Hot Food serving line are served with (1 oz.) or PC RF-Buttermilk Ranch Dressing

### SEASONAL FRESH FRUIT Served Daily on ALL lines

Apple, Orange or Banana
OFFERED Daily
This Menu
Is Subject
To Change.



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### MONDAY TUESDAY



HOT CHICKEN NOODLE SOUP & SANDWICH
OLD FASHION HAMBURGER & TRIMMINGS
SLICED HAM & CHEESE WRAP
BBQ PORK SANDWICH

Stuffed Crust Pizza
Chef Salad/Garden Salad
Southern Green Beans
Oven Baked Potato Wedges
Soft Yeast Roll/Saltine Crackers
Fresh Fruit Bowl
Fruit Cocktail
Assorted Milk
Banana Pudding

# NATIONAL SOUP MONTH

8
ITALIAN BEEF-A-RONI
CREAMY CHICKEN SPAGHETTI
OLD FASHION CHEESEBURGER

SLICED TURKEY & CHEESE HOAGIE

Mexican Pizza

Garden Salad/Chef Salad

Oven Baked Potato Wedges

Whole Kernel Corn

Whole Wheat Garlic Toast

Saltine Crackers

Fresh Fruit Bowl

Chilled Pears

Assorted Milk

Chocolate Pudding



WEDNESDAY

### OVEN BAKED CHICKEN NUGGETS GLAZED BBO MEATBALL HOAGIE OLD FASHION HAMBURGER AMERICAN SUB SADWICH

Pepperoni Pizza
Garden Salad w/Dressing
Chef Salad
Cheesy Broccoli
Oven Baked Potato Wedges
Soft Yeast Roll
Saltine Crackers
Fresh Fruit Bowl/Nutritious Pineapple Tidbits
Assorted Milk
Fruit Crisp



THURSDAY

## 10 MEXICAN TACO OLE W/CHIPS STUFFED CHICKEN OUESADILLAS OLD FASHION CHEESEBURGER SLICED HAM & CHEESE HOAGIE Chopse Birth.

Cheese Pizza
Chef Salad/Garden Salad w/Dressing
Chicken Egg Roll
Crinkle Cut Fries
Soft Yeast Roll
Saltine Crackers
Fresh Fruit Bowl
Chilled Pear Halves
Assorted Milk
Southern Mud



FRIDAY

### 11 BUFFALO HOT WINGS PHILLY CHEESE STEAK SANDWICH SLICED TURKEY & CHEESE HOAGIE OLD FASHION HAMBURGER

Sausage Pizza
Chef Salad/ Garden Salad w/Dressing
Baked Ranch Fries
Black-Eyed Peas
Soft Yeast Roll/Saltine Crackers
Fresh Fruit Bowl
Sweet Applesauce
Assorted Milk
Raspberry Yogurt

### CHILLI BREAD BOWL SPICY CHICKEN SANDWICH PORK JAMBALAYA OLD FASHION CHEESEBURGER

Pepperoni Pizza Wedge
Chef Salad/Garden Salad w/Dressing
Mixed Vegetables/Oven Baked Potato Wedges
Soft Yeast Roll /Saltine Crackers
Fresh Fruit Bowl/Chilled Peach Slices
Assorted Milk
Sugar Cookie

### RANCH BAKED CHICKEN CREAMY BEEF STROGANOFF OVER RICE JUICY JUMBO HOT DOG OLD FASHION HAMBURGER

Stuffed Crust Pizza
Chef Salad/Garden Salad w/Dressing
Seasoned Cabbage
Oven Baked Potato Wedges
Southern Combread/Saltine Crackers
Fresh Fruit Bowl/Chilled Pears
Assorted Milk
Vanilla Pudding

#### 16 LOADED BAKED POTATOE ITALIAN LASAGNA OLD FASHION HAMBURGER AMERICAN SUB SANDWICH

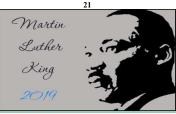
Pepperoni Pizza
Chef Salad/Garden Salad w/Dressing
Baked Ranch Fries
California Veggies
Soft Yeast Roll
Saltine Crackers
Fresh Fruit Bowl
Sweet Applesauce
Assorted Milk
Creamsicle Dessert

# 17 OVEN BAKED STEAK FINGERS BROWN GRAVY STEAMED BROWN RICE GLAZED BBO MEATBALL HOAGIE CREAMY CHICKEN TETRAZZINI OLD FASHION CHEESEBURGER

Stuffed Crust Pizza
Chef Salad/Garden Salad w/Dressing
Sweet Green Peas
Oven Baked Potato Wedges
Soft Yeast Roll/Saltine Crackers
Fresh Fruit Bowl/Nutritious Pineapple Tidbits
Assorted Milk
Banana Pudding

# 18 OVEN FRIED CHICKEN TENDERS WAFFLES IN A BAG OVEN BAKED CORN DOG OLD FASHION HAMBURGER YOGURT SANDWICH COMBO

Mexican Pizza
Chef Salad/Garden Salad w/Dressing
Whole Kernel Corn
Crinkle Cut Fries
Soft Yeast Roll
Saltine Crackers
Fresh Fruit Bowl
Fruit Cocktail
Assorted Milk
Brownie



## SALISBURY STEAK W/GRAVY CHICKEN NACHOS OLD FASHION CHEESEBURGER SLICED TURKEY & CHEESE WRAP Penneroni Pizza Wedge

Pepperoni Pizza Wedge
Garden Salad w/Dressing /Chef Salad
Southern Lima Beans/Oven Baked Potato Wedges
Southern Combread/Saltine Crackers
Fresh Fruit Bowl/Chilled Pears
Assorted Milk
Sugar Cookie

CHEESY MACARONI & CHEESE HAM SLICE CHICKEN SALAD SANDWICH OLD FASHION HAMBURGER SLICED HAM & CHEESE WRAP PROPERTY ES SAIG GRADE SAIGH WITH

Cheese Pizza/Chef Salad/Garden Salad w/Dressing Southern Green Beans/Baked Potato Wedges Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Sweet Applesauce Assorted Milk Vanilla Pudding

## 24 ITALIAN SPAGHETTI & MEAT SAUCE GRILLED CHICKEN SANDWICH OLD FASHION CHEESEBURGER SLICED TURKEY & CHEESE HOAGIE

Pepperoni Pizza
Chef Salad/Garden Salad w/Dressing
Baked Potato Wedges/Cheesy Broccoli
Wheat Garlic Toast/Saltine Crackers
Fresh Fruit Bow/Diced Pears
Assorted Milk
Chocolate Chip Cookie

## 25 BUFFALO HOT WINGS MEATBALL MARINARA HOAGIE SLICED HAM & CHEESE HOAGIE OLD FASHION HAMBURGER

Cheesy Breadstick W/ Marinara Sauce Chef Salad/ Garden Salad Savory Baked Beans/Baked Ranch Fries Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Chilled Peach Slices Assorted Milk Fruit Crisp

#### 28 CREAMY CHICKEN ALFREDO YOGURT SANDWICH COMBO OLD FASHION HAMBURGER PHILLY CHEESE STEAK

Stuffed Crust Pizza
Grilled Chicken Salad (Garden Salad w/Dressing
Sweet Green Peas/Baked Potato Wedges
Soft Yeast Roll/Saltine Crackers
Fruit Cocktail/Fresh Fruit Bowl
Assorted Milk
Chocolate Pudding

#### 29 SMOTHERED BEEF TIPS OVER RICE JUICY JUMBO HOT DOG SLICED HAM & CHEESE WRAP OLD FASHION HAMBURGER

Sausage Pizza
Chef Salad/Garden Salad w/Dressing
Baked Potato Wedges/Steamed Carrots
Soft Yeast Roll/Saltine Crackers
Fresh Fruit Bowl/Diced Pears
Assorted Milk
Assorted Gelatin W/Whipped Topping

# 30 NEW ORLEAN STYLE CHICKEN & SAUSAGE JAMBALAYA OLD FASHION HAMBURGER SLOPPY JOE ON BUN SLICED TURKEY & CHEESE HOAGIE

Stuffed Crust Pizza
Garden Salad/Chef Salad
Oven Baked Potato Wedges/Whole Kernel Corn
Soft Yeast Roll/Saltine Crackers
Fresh Fruit Bowl/ Nutritious Pineapple Tidbits
Assorted Milk
Southern Mud

# 31 CHILLI CHEESE FRIES SPICY CHICKEN SANDWICH OLD FASHION HAMBURGER SLICED HAM & CHEESE HOAGIE Mexican Pizza

Mexican Pizza
Chef Salad/Garden Salad w/Dressing
Southern Green Beans
Oven Baked Potato Wedges
Soft Yeast Roll/Saltine Crackers
Fresh Fruit Bowl/Chilled Peach Slices
Assorted Milk
Sugar Cookie

