Columbus Municipal School District

April 2018

MIDDLE SCHOOL LUNCH MENU

MILK
Offered Daily
1% White
and
Fat Free – Flavored

http://www.choosemyplate.gov/

PRICES

Breakfast	
Student	$ .000
Adult	$ 1.85
Visitors	$ 1.85
Lunch	
Student	$ 0.00
Adult	$ 3.20
Visitors	$ 3.20

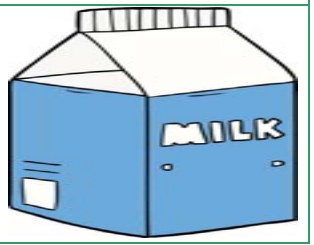
Salad Dressing

Note:

All Garden Salads on the Hot Food serving line are served with (1 oz.) or PC RF-Buttermilk Ranch Dressing

SEASONAL FRESH FRUIT
Served Daily on ALL lines

Apple, Orange or Banana OFFERED Daily

This Menu Is Subject To Change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **CHILLI CHEESE OVER CHIPS** **CHICKEN QUESADELLAS** **AMERICAN SUB SANDWICH** **OLD FASHION HAMBURGER W/TRIMMINGS** **BUFFALO CHICKEN HOAGIE** Personal Pan Pizza Garden Salad/Chef Salad Whole Kernel Corn Oven Baked Potato Wedges Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl Sliced Strawberries	3 **CREAMY CHICKEN SPAGHETTI** **OVEN BAKED STEAK FINGERS** **BROWN GRAVY** **STEAMED BROWN RICE** **MOUTH WATERING RIB SANDWICH** **SLICED TURKEY & CHEESE HOAGIE** **OLD FASHION HAMBURGER W/TRIMMINGS** Stuffed Crust Pizza/Chef Salad/ Garden Salad Sweet Green Peas/Oven Baked Potato Wedges Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl Fruit Cocktail	4 **ITALIAN LASAGNA** **OVEN BAKED CORN DOG NUGGETS** **OLD FASHION CHEESEBURGER** **SLICED HAM & CHEESE HOAGIE** Mexican Pizza Garden Salad/Chef Salad Cheesy Broccoli Oven Baked Potato Wedges Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl Nutritious Pineapple Tidbits	5 **SAUCY SPAGHETTI & MEAT SAUCE** **NEW ORLEAN STYLE RED BEANS & RICE W/SAUSAGE** **SPICY CHICKEN SANDWICH** **OLD FASHION HAMBURGER W/TRIMMINGS** **AMERICAN SUB SANDWICH** Pepperoni Pizza Wedge Garden Salad w/Dressing/Chef Salad Southern Green Beans/Oven Baked Potato Wedges Whole Wheat Garlic Toast/Saltine Crackers Fresh Fruit Bowl/Chilled Peach Slices	6 **DELICIOUS BUFFALO HOT WINGS** **SLICED TURKEY & CHEESE HOAGIE** **OLD FASHION CHEESEBURGER** Cheesy Breadsticks W/Marinara Sauce Oven Baked Potato Wedges Chef Salad/ Garden Salad w/Dressing Savory Baked Beans Soft Yeast Roll/Saltine Crackers Fruit Bowl Sweet Applesauce
9 **LOADED BAKED POTATO W/CHICKEN & HAM** **CHICKEN & SAUSAGE GUMBO OVER RICE** **OLD FASHION HAMBURGER W/TRIMMINGS** **SLICED HAM & CHEESE WRAP** **ROAST BEEF HOAGIE** Cheese Pizza Chef Salad/ Garden Salad w/Dressing California Veggies Oven Baked Potato Wedges Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl Chilled Pears	10 **SIMMERED BEEF TIPS OVER NOODLES** **BEEFY NACHO GRANDE** **GRILLED CHICKEN SANDWICH** **SLICED TURKEY & CHEESE WRAP** **OLD FASHION HAMBURGER W/TRIMMINGS** Pepperoni Pizza Chef Salad Garden Salad w/Dressing Whole Kernel Corn Oven Baked Potato Wedges Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl Sliced Strawberries	11 **ITALIAN BAKED CHICKEN** **OVEN BAKED CORN DOG** **OLD FASHION HAMBURGER W/TRIMMINGS** **CHICKEN QUESADELLAS** **AMERICAN SUB SANDWICH** Pepperoni Pizza Chef Salad/Carrot Raisin Salad Field Peas/ Oven Baked Potato Wedges Southern Cornbread Saltine Crackers Fresh Fruit Bowl Fruit Cocktail	12 **CREAMY HUNTINGTON CHICKEN** **TACO OLE W/CHIPS** **PULLED BAR B Q PORK BURGER** **OLD FASHION HAMBURGER W/TRIMMINGS** **SLICED HAM & CHEESE HOAGIE** Stuffed Crust Pizza Tomato & Cucumber Salad Chef Salad Tasty Tots Sweet Green Pea Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl Chilled Diced Pears	13 **DELICIOUS BUFFALO HOT WINGS** **PHILLY CHEESE STEAK SANDWICH** **OLD FASHION CHEESEBURGER** Pepperoni Pizza Wedge Oven Baked Ranch Fries Tomato & Cucumber Salad Chef Salad Cheesy Broccoli Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl Mandarin Fruit Cup
16 **CHILLI CHEESE FRIES** **CREAMY CHICKEN ALFREDO W/A TWIST** **OLD FASHION HAMBURGER W/TRIMMINGS** **JUICY JUMBO HOT DOG** **SLICED TURKEY & CHEESE HOAGIE** Sausage Pizza Chef Salad/Garden Salad Mixed Vegetables Oven Baked Potato Wedges Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl Sweet Applesauce	17 **TENDER BAKED PORK CHOPS** **TAMALE PIE** **OLD FASHION CHEESEBURGER** **YOGURT SANDWICH COMBO** **SPICY CHICKEN SANDWICH** Chef Salad/Garden Salad w/Dressing Oven Baked Potato Wedges Southern Turnip Greens Southern Cornbread Saltine Crackers Fresh Fruit Bowl Nutritious Pineapple Tidbits	18 **COUNTRY FRIED STEAK** **STEAMED BROWN RICE** **BROWN GRAVY** **SAUCY SPAGHETTI & MEAT SAUCE** **OLD FASHION HAMBURGER W/TRIMMINGS** **MOUTH WATERING BBQ RIB SANDWICH** **AMERICAN SUB SANDWICH** Mexican Pizza Chef Salad/Garden Salad w/Dressing Oven Baked Potato Wedges/Seasoned Green Beans Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Chilled Pears	19 **CHEESY MACARONI CHEESE W/HAM SLICE** **CHEESY CHEESEBURGER PIE** **OLD FASHION HAMBURGER W/TRIMMINGS** **AMERICAN SUB SANDWICH** Sausage Pizza Chef Salad/Garden Salad w/Dressing Southern Lima Beans Crinkle Cut Fries Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Fruit Cocktail	20 **DELICIOUS BUFFALO HOT WINGS** **GLAZED BBQ MEATBALLS HOAGIE** **OLD FASHION HAMBURGER W/TRIMMINGS** Cheesy Breadsticks W/Marinara Sauce Chef Salad/Garden Salad w/Dressing Whole Kernel Corn Oven Baked Potato Wedges Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl Peach Slices
23 **CHEESY CHICKEN FIESTA OVER RICE** **MEXICAN BEEF TACO W/CRISPY SHELL** **OPENED FACED ROAST BEEF** **SLICED HAM & CHEESE HOAGIE** **OLD FASHION HAMBURGER W/TRIMMINGS** Stuffed Crust Pizza /Chef Salad/ Garden Salad Sweet Green Peas/Oven Baked Potato Wedges Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl Mandarin Fruit Cup	24 **SLICED TURKEY W/GRAVY** **OVEN BAKED CHICKEN NUGGETS** **OLD FASHION CHEESEBURGER** **AMERICAN SUB SANDWICH** **SLOPPY JOE ON BUN** Mexican Pizza/ Garden Salad w/Dressing /Chef Salad Seasoned Cabbage/Oven Baked Potato Wedges Southern Cornbread/Saltine Crackers Fresh Fruit Bowl Chilled Diced Pears	25 **CREAMY CHICKEN A LA KING OVER RICE** **ITALIAN BEEF-A-RONI** **SLICED TURKEY & CHEESE HOAGIE** **OLD FASHION HAMBURGER W/TRIMMINGS** **GLAZED BBQ MEATBALLS HOAGIE** Sausage Pizza/ Sothern Green Beans Garden Salad w/Dressing /Chef Salad/Crackers Oven Baked Potato Wedges/ Garlic Toast Fruit Bowl Fruit Cocktail	26 **HOME COOKED MEATLOAF** **SIZZLING CHICKEN STIR FRY OVER RICE** **OLD FASHION CHEESEBURGER** **SLICED HAM & CHEESE HOAGIE** **GRILLED CHICKEN SANDWICH** Cheese Pizza/ Chef Salad/Garden Salad w/Dressing Macaroni & Cheese Oven Baked Potato Wedges Yeast Roll/Saltine Crackers Fruit Bowl Chilled Pears	27 **DELICIOUS BUFFALO HOT WINGS** **BUFFALO CHICKEN HOAGIE** **OLD FASHION HAMBURGER W/TRIMMINGS** Cheesy Breadsticks W/Marinara Sauce Garden Salad w/Dressing/Chef Salad Savory Baked Beans Baked Ranch Fries Soft Yeast Roll/Saltine Crackers Fruit Bowl Nutritious Pineapple Tidbits
30 **SMOTHERED HAMBURGER STEAK & GRAVY** **STEAMED BROWN RICE** **OVEN FRIED CHICKEN TENDERS** **AMERICAN SUB SANDWICH** **PHILLY CHEESE STEAK SANDWICH** **OLD FASHION HAMBURGER W/TRIMMINGS** Stuffed Crust Pizza/Chef Salad/Garden Salad Sweet Green Peas/Oven Baked Potato Wedges Yeast Roll/Crackers Fruit Bowl Peach Slices