
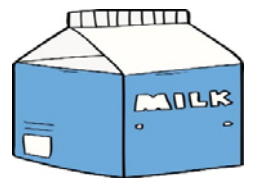
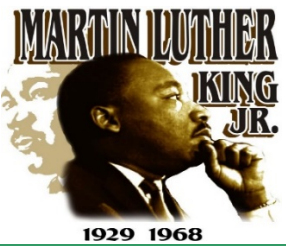



JANUARY

2018

Columbus Municipal School District

MIDDLE SCHOOL BREAKFAST MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1</p> 	<p>2</p> 	<p>3</p> 	<p>4</p> <p><u>SAUSAGE & PANCAKE ON A STICK</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>5</p> <p><u>BREAKFAST SAUSAGE PIZZA</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>
	<p>8</p> <p><u>BANANA BREAKFAST BREAD</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>9</p> <p><u>BISCUIT & BACON</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>10</p> <p><u>CINNAMON ROLLS</u> <u>HAM SLICE</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>11</p> <p><u>WHOLE GRAIN BISCUIT</u> <u>BREAKFAST CHICKEN</u> <u>PATTY</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>12</p> <p><u>BREAKFAST SAUSAGE PIZZA</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>
	<p>15</p> 	<p>16</p> <p><u>APPLE FRUDEL</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>17</p> <p><u>SAUSAGE & PANCAKE ON A STICK</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>18</p> <p><u>BLUEBERRY MUFFIN LOAF</u> <u>HAM SLICE</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>19</p> <p><u>BREAKFAST SAUSAGE PIZZA</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Vegetable Juice Assorted Milk</p>
	<p>22</p> <p><u>FRENCH TOAST STICKS</u> <u>SAUSAGE PATTY</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>23</p> <p><u>GRILLED CHEESE</u> <u>SANDWICH</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>24</p> <p><u>WHOLE GRAIN BISCUIT</u> <u>SCRAMBLED EGGS</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>25</p> <p><u>CHERRY FRUDEL</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>26</p> <p><u>BREAKFAST SAUSAGE PIZZA</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Vegetable Juice Assorted Milk</p>
	<p>29</p> <p><u>BANANA BREAKFAST BREAD</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>30</p> <p><u>SAUSAGE & BISCUIT</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>31</p> <p><u>CINNAMON ROLLS</u> <u>HAM SLICE</u> <u>ASSORTED COLD CEREAL</u> Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>		

MILK
Offered Daily
 1% White
 and
 Fat Free – Flavored



MyPlate
<http://www.choosemyplate.gov/>

PRICES

Breakfast

Student \$.000
 Adult \$ 1.85
 Visitors \$ 1.85

Lunch

Student \$ 0.00
 Adult \$ 3.20
 Visitors \$ 3.20

Salad Dressing

Note:

All Garden Salads on the Hot Food serving line are served with (1 oz.) or PC RF-Buttermilk Ranch Dressing

SEASONAL FRESH FRUIT
 Served Daily on ALL lines

Apple, Orange or Banana
 OFFERED Daily
 This Menu
 Is Subject
 To Change.



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