


JANUARY

Columbus Municipal School District

2018

HIGH SCHOOL BREAKFAST

MILK
Offered Daily
1% White
and
Fat Free – F




MyPlate
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<http://www.choosemyplate.gov/>


PRICES
Breakfast
Student \$.000
Adult \$ 1.85
Visitors \$ 1.85
Lunch
Student \$ 0.00
Adult \$ 3.20
Visitors \$ 3.20

Salad Dressing
Note:
All Garden Salads on the Hot Food serving line are served with (1 oz.) or PC RF-Buttermilk Ranch Dressing

SEASONAL FRESH FRUIT
Served Daily on ALL lines

Apple, Orange or Banana OFFERED Daily
This Menu Is Subject To Change.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> 	<p>2</p> 	<p>3</p> 	<p>4</p> <p>SAUSAGE & PANCAKE ON A STICK ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>5</p> <p>BREAKFAST SAUSAGE PIZZA ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>
<p>8</p> <p>BANANA BREAKFAST BREAD ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>9</p> <p>BISCUIT & BACON ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>10</p> <p>CINNAMON ROLLS HAM SLICE ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>11</p> <p>WHOLE GRAIN BISCUIT BREAKFAST CHICKEN PATTY ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>12</p> <p>BREAKFAST SAUSAGE PIZZA ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>
<p>15</p> 	<p>16</p> <p>APPLE FRUDEL ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>17</p> <p>SAUSAGE & PANCAKE ON A STICK ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>18</p> <p>BLUEBERRY MUFFIN LOAF HAM SLICE ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>19</p> <p>BREAKFAST SAUSAGE PIZZA ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Vegetable Juice Assorted Milk</p>
<p>22</p> <p>FRENCH TOAST STICKS SAUSAGE PATTY ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>23</p> <p>GRILLED CHEESE SANDWICH ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>24</p> <p>WHOLE GRAIN BISCUIT SCRAMBLED EGGS ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>25</p> <p>CHERRY FRUDEL ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>26</p> <p>BREAKFAST SAUSAGE PIZZA ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Vegetable Juice Assorted Milk</p>
<p>29</p> <p>BANANA BREAKFAST BREAD ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>30</p> <p>SAUSAGE & BISCUIT ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	<p>31</p> <p>CINNAMON ROLLS HAM SLICE ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk</p>	