

MILK
Offered Daily

1% White
and
Fat Free – F



Flavored
<http://www.choosemyplate.gov/>

PRICES

Breakfast	
Student	\$ 0.00
Adult	\$ 1.85
Visitors	\$ 1.85
Lunch	
Student	\$ 0.00
Adult	\$ 3.20
Visitors	\$ 3.20

Salad Dressing

Note:
All Garden Salads on the Hot Food serving line are served with (1 oz.) or PC RF-Buttermilk Ranch Dressing

SEASONAL FRESH FRUIT
Served Daily on ALL lines

Apple, Orange or Banana OFFERED Daily
This Menu Is Subject To Change.



Columbus Municipal School District **DECEMBER 2017**

HIGH SCHOOL BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 SAUSAGE & PANCAKE ON A STICK ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	5 APPLE FRUDEL ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	6 WAFFLES IN A BAG HAM SLICE ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	7 GRILLED CHEESE SANDWICH ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	8 BREAKFAST SAUSAGE PIZZA ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk
11 BANANA BREAKFAST BREAD ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	12 APPLE FRUDEL FROSTED FLAKES ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	13 WHOLE GRAIN BISCUIT BREAKFAST CHICKEN PATTY ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	14 CHERRY FRUDEL ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	15 BREAKFAST SAUSAGE PIZZA ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Vegetable Juice Assorted Milk
18 MINI PANCAKES IN A BAG HAM SLICE ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	19 WHOLE GRAIN BISCUIT SAUSAGE PATTY ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	20 BREAKFAST SAUSAGE PIZZA ASSORTED COLD CEREAL Fresh Fruit Bowl Assorted Vegetable Juice Assorted Milk		