Columbus Municipal School District

SEPTEMBER 2017

HIGH SCHOOL BREAKFAST MENU

MILK
Offered Daily
1% White
and
Fat Free – Flavored

http://www.choosemyplate.gov/

PRICES

Breakfast	
Student	$ .000
Adult	$ 1.85
Visitors	$ 1.85
Lunch	
Student	$ 0.00
Adult	$ 3.20
Visitors	$ 3.20

Salad Dressing

Note:
All Garden Salads on the Hot Food serving line are served with (1 oz.) or PC RF-Buttermilk Ranch Dressing

SEASONAL FRESH FRUIT
Served Daily on ALL lines

Apple, Orange or Banana
OFFERED Daily

This Menu
Is Subject
To Change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 **FRENCH TOAST STICKS** **HAM SLICE** **ASSORTED COLD CEREALS** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk
4 	**5** **GRILLED CHEESE SANDWICH** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Vegetable Juice Assorted Milk	**6** **ASSORTED BREAKFAST BREAD** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	**7** **SAUSAGE & PANCAKE ON A STICK** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	**8** **CINNAMON ROLL** **HAM SLICE** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk
11 **APPLE FRUDEL** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	**12** **BISCUIT & BACON** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	**13** **PANCAKES** **SAUSAGE PATTY** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Vegetable Juice Assorted Milk	**14** **BREAKFAST SAUSAGE PIZZA** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	**15** **SAUSAGE & PANCAKE ON A STICK** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk
18 **CHERRY FRUDEL** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	**19** **SAUSAGE AND BISCUIT** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	**20** **GRILLED CHEESE SANDWICH** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	**21** **WAFFLES IN A BAG** **HAM SLICE** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	**22** **BREAKFAST SAUSAGE PIZZA** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk
25 **BANANA BREAKFAST BREAD** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Vegetable Juice Assorted Milk	**26** **BACON, EGG, CHEESE BISCUIT** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	**27** **FRENCH TOAST STICKS** **HAM SLICE** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	**28** **CINNAMON ROLL** **HAM SLICE** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	**29** **SOUTHERN BISCUIT** **BREAKFAST CHICKEN PATTY** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk