

MILK
Offered Daily

1% White
and
Fat Free – Flavored



<http://www.choosemyplate.gov/>

PRICES

Breakfast

Student \$.000
Adult \$ 1.85
Visitors \$ 1.85

Lunch

Student \$ 0.00
Adult \$ 3.20
Visitors \$ 3.20

Salad Dressing



Note:

All Garden Salads on the Hot Food serving line are served with (1 oz.) or PC RF-Buttermilk Ranch Dressing

SEASONAL FRESH FRUIT
Served Daily on ALL lines

Apple, Orange or Banana
OFFERED Daily
This Menu
Is Subject
To Change.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>7 <u>TENDER BAKED PORK CHOPS</u> Steamed Brown Rice w/Gravy <u>CHEESY CHICKEN SPAGHETTI</u> <u>SPICY CHICKEN SANDWICH</u> <u>OLD FASHION HAMBURGER W/TRIMMINGS</u> <u>SLICED TURKEY & CHEESE HOAGIE</u> Italian Pepperoni Pizza Wedge Chef Salad Garden Salad w/Dressing Oven Baked Potato Wedges Southern Green Beans Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Fruit Cocktail Assorted Milk Banana Pudding</p>	 <p>8 <u>HOMEMADE LASAGNA</u> <u>OVEN BAKED CORNDOG NUGGETS</u> <u>OLD FASHION HAMBURGER W/TRIMMINGS</u> <u>AMERICAN SUB SANDWICH</u> Italian Sausage Pizza Chef Salad Garden Salad w/Dressing Oven Baked Potato Wedges California Veggies Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Blushing Chilled Pears Assorted Milk Chocolate Chip Cookie</p>	 <p>9 <u>SEASONED BAKED CHICKEN</u> <u>CREAMY BEEF STROGANOFF OVER RICE</u> <u>TASTY CHICKEN BACON RANCH HOAGIE</u> <u>OLD FASHION HAMBURGER W/TRIMMINGS</u> <u>SLICED HAM & CHEESE HOAGIE</u> Stuffed Crust Pizza Chef Salad Garden Salad w/Dressing Oven Baked Potato Wedges Southern Turnip Greens/Southern Cornbread/Saltine Crackers Fresh Fruit Bowl/Chilled Peach Slices Assorted Milk Assorted Gelatins W/Whipped Toppings</p>	 <p>10 <u>LOADED BAKED POTATO W/CHICKEN & HAM</u> <u>MEXICAN TACO OLE W/CHIPS</u> <u>BONELESS BUFFALO CHICKEN HOAGIE</u> <u>SLICED TURKEY & CHEESE HOAGIE</u> <u>OLD FASHION HAMBURGER W/TRIMMINGS</u> Personal Pan Pizza/ Steamed Broccoli Spears Chef Salad/Garden Salad w/Dressing Simmered Lima Beans/Baked Ranch Fries Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl/ Nutritious Pineapple Tidbits Assorted Milk Oatmeal Raisin Cookie</p>	 <p>11 <u>DELICIOUS BONELESS BUFFALO HOT WINGS</u> <u>GLAZED BBQ MEATBALLS ON HOAGIE</u> <u>AMERICAN SUB SANDWICH</u> Mexican Pizza Chef Salad/ Garden Salad w/Dressing Baked Ranch Fries Savory Baked Beans Soft Yeast Roll Saltine Crackers Fresh Fruit Bowl Sweet Applesauce Assorted Milk Sugar Cookie</p>
<p>14 <u>CREAMY CHICKEN ALFREDO</u> <u>CHEESY CHILLI CHEESE FRIES</u> <u>PHILLY CHEESE STEAK SANDWICH</u> <u>OLD FASHION HAMBURGER W/TRIMMINGS</u> <u>SLICED HAM & CHEESE HOAGIE</u> Italian Pepperoni Pizza Grilled Chicken Salad Tomato & Cucumber Salad Oven Baked Potato Wedge Whole Kernel Corn Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Fruit Cocktail Assorted Milk Brownies</p>	<p>15 <u>SMOTHERED SAULSBURY STEAK</u> <u>STEAMED BROWN RICE</u> <u>CREAMY CHICKEN TETRAZZINI</u> <u>OLD FASHION HAMBURGER W/TRIMMINGS</u> <u>SLICED TURKEY & CHEESE HOAGIE</u> <u>PHILLY CHICKEN SANDWICH</u> Stuffed Crust Pizza Grilled Chicken Salad Tomato & Cucumber Salad Oven Baked Potato Wedge Sweet Green Peas Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Nutritious Pineapple Tidbits Assorted Milk Oatmeal Raisin Cookie</p>	<p>16 <u>JOHN WAYNE CASSEROLE</u> <u>BEEFY NACHO GRANDE</u> <u>STUFFED CHICKEN QUESADILLAS</u> <u>OLD FASHION HAMBURGER W/TRIMMINGS</u> <u>AMERICAN SUB</u> Italian Pepperoni Pizza Grilled Chicken Salad Tomato & Cucumber Salad Oven Baked Potato Wedge/California Veggies Soft Yeast Roll/Saltine Crackers Fresh Fruit Cup Chilled Diced Pears Assorted Milk Sugar Cookie</p>	<p>17 <u>CHEESY MACARONI & CHEESE W/HAM SLICE</u> <u>OVEN BAKED CHICKEN NUGGETS</u> <u>SLICED HAM & CHEESE HOAGIE</u> <u>BAKED ROAST BEEF HOAGIE</u> <u>OLD FASHION HAMBURGER W/TRIMMINGS</u> Stuffed Crust Pizza Grilled Chicken Salad Tomato & Cucumber Salad Oven Baked Potato Wedge Southern Green Beans Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Chilled Peach Slices Assorted Milk Chocolate Chip Cookie</p>	<p>18 <u>DELICIOUS BUFFALO HOT WINGS</u> <u>SLICED TURKEY & CHEESE HOAGIE</u> <u>OLD FASHION CHEESEBURGER</u> Italian Pepperoni Pizza Chef Salad Tomato & Cucumber Salad Oven Baked Potato Wedges Whole Kernel Corn Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl Fruit Cocktail Assorted Milk Fruit Crisp</p>
<p>21 <u>SMOTHERED BEEF TIPS OVER NOODLES</u> <u>STEAMED BROWN RICE W/ GRAVY</u> <u>MOUTH WATERING BBQ PORK SANDWICH</u> <u>OVEN BAKED CHICKEN TENDERS</u> <u>OLD FASHION HAMBURGER W/TRIMMINGS</u> <u>AMERICAN SUB SANDWICH</u> Stuffed Crust Pizza/Chef Salad/Garden Salad W/Dressing/Oven Baked Potato Wedges Mixed Vegetables Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Sweet Applesauce Assorted Milk Chocolate Chip Cookie</p>	<p>22 <u>ITALIAN BAKED CHICKEN</u> <u>NEW ORLEAN STYLE RED BEANS & RICE W/ SAUSAGE</u> <u>GLAZED MEATBALLS ON HOAGIE</u> <u>OLD FASHION HAMBURGER W/TRIMMINGS</u> <u>SLICED TURKEY & CHEESE HOAGIE</u> Italian Pepperoni Pizza Chef Salad/ Saltine Crackers Garden Salad W/Dressing Oven Baked Potato Wedge/ Saltine Crackers Seasoned Cabbage/Southern Cornbread Fresh Fruit Bowl/Chilled Pear Halves Assorted Milk Chocolate Pudding</p>	<p>23 <u>SEASONED BAKED PORK CHOP</u> <u>TASTY CHICKEN STIR FRY OVER RICE</u> <u>STEAMED BROWN RICE</u> <u>OVEN BAKED CORNDOG NUGGETS</u> <u>YOGURT & SANDWICH COMBO</u> <u>OLD FASHION HAMBURGER W/TRIMMINGS</u> Chef Salad/ Saltine Crackers Garden Salad W/Dressing Cheesy Breadstick W/ Marina Sauce Oven Baked Potato Wedge Southern Pinto Beans/Southern Cornbread Fresh Fruit Bowl/Fruit Cocktail Assorted Milk/Vanilla Pudding</p>	<p>24 <u>HOMEMADE MEATLOAF/W BROWN GRAVY</u> <u>STEAMED BROWN RICE</u> <u>HAWAIIAN BBQ CHICKEN</u> <u>JUICY JUMBO HOT DOG</u> <u>OLD FASHION CHEESEBURGER</u> <u>YOGURT & SANDWICH COMBO</u> Italian Pepperoni Pizza Wedge Chef Salad/Garden Salad W/Dressing Macaroni & Cheese Oven Baked Potato Wedge Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Mandarin Orange Assorted Milk Assorted Gelatins W/ Whipped Topping</p>	<p>25 <u>DELICIOUS BUFFALO HOT WINGS</u> <u>SLICED HAM & CHEESE HOAGIE</u> <u>BAKED ROAST BEEF HOAGIE</u> Italian Sausage Pizza Chef Salad/Garden Salad W/Dressing Savory Baked Beans Baked Ranch Fries Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Nutritious Pineapple Tidbits Assorted Milk Banana Pudding</p>
<p>28 <u>ZESTY SPAGGETTI & MEAT SAUCE</u> <u>TASTY STIR FRY FAJITA CHICKEN</u> <u>OLD FASHION HAMBURGER W/TRIMMINGS</u> <u>SLICED TURKEY & CHEESE HOAGIE</u> Grilled Chicken Sandwich Italian Pepperoni Pizza Chef Salad/Garden Salad W/Dressing Whole Kernel Corn Oven Baked Potato Wedge Whole Wheat Garlic Toast/ Saltine Crackers Fresh Fruit Bowl/Sweet Applesauce Assorted Milk Brownies</p>	<p>29 <u>GOOD PORK JAMBALAYA</u> <u>LOADED BAKED POTATO W/CHICKEN & HAM</u> <u>COUNTRY FRIED STEAK</u> <u>OLD FASHION HAMBURGER W/TRIMMINGS</u> <u>SLICED HAM & CHEESE HOAGIE</u> Italian Sausage Pizza Chef Salad/Garden Salad W/Dressing Steamed Broccoli Spears/California Veggies Oven Baked Potato Wedge Soft Yeast Roll/Saltine Crackers Fresh Fruit Bowl/Chilled Diced Pears Assorted Milk/Sugar Cookie</p>	<p>30 <u>HOMEMADE LASAGNA</u> <u>OVEN BAKED CORN DOG NUGGETS</u> <u>STUFFED CHICKEN QUESADILLAS</u> <u>OLD FASHION HAMBURGER W/TRIMMINGS</u> <u>SLICED TURKEY & CHEESE HOAGIE</u> Italian Pepperoni Pizza Wedge Chef Salad/Garden Salad W/Dressing Oven Baked Potato Wedge Southern Green Beans Soft Yeast Roll/Saltine Crackers Fresh Fruit Cup/Nutritious Pineapple Tidbits Assorted Milk Chocolate Chip Cookie</p>	<p>31 <u>BEEFY NACHOS GRANDE</u> <u>MEATY BEEF-A-RONI</u> <u>SLICED TURKEY & CHEESE HOAGIE</u> <u>CHEESY CHICKEN SPAGHETTI</u> <u>OPEN FACE ROAST BEEF SANDWICH</u> Italian Sausage Pizza Chef Salad/Garden Salad w/Dressing Baked Ranch Fries/Sweet Green Peas Saltine Crackers/Soft Yeast Roll Chilled Peach Slices/Fresh Fruit Bowl Assorted Milk Assorted Gelatins W/ Whipped Topping</p>	