



Franklin Academy Medical Sciences & Wellness Magnet School

September 2011 Volume 4 Issue 1

Message from the Principal

I would like to welcome everyone back to a new and wonderful school year. I will once again be publishing a monthly newsletter during the school year that you will be able to find information on what is happening at Franklin, upcoming events, and parent tips. The key to a child's success in school is parent involvement! Please sign up to volunteer this year. We are challenging all parents to spend 3 hours at school this year. Please help by signing your child's home-school folder EVERY day. Teachers will make important notes about what happened at school each day. Your active participation in school activities is crucial to the success of our school and your child's education. Our teachers are available for conferences any day. We encourage you to call the office or your child's teacher to setup a time to meet if you have concerns. Now that we are getting back in the swing of school, please take a little time to create a schedule with your child - including waking, meal, study, family, and bed times. Nothing helps us adjust to new situations and environments like having a well-defined routine to follow. We have been practicing our expectations throughout the month of August. It is amazing how well students are adapting and focusing on LEARNING. Learning is our primary focus this year. Thank you in advance for your help. As always, my door is always open.

Columbus High School home game football tickets may be purchased for \$2 on Fridays. All tickets will cost \$5 at the gate. Students may only purchase one ticket.



Just a reminder any snack or treat sent to school must meet our district's Wellness Policy. Birthday may be celebrated with a



healthy treat. Cupcakes are no longer on the healthy foods list. We encourage you to send fruit or low calorie snack packs.

Did You Know?

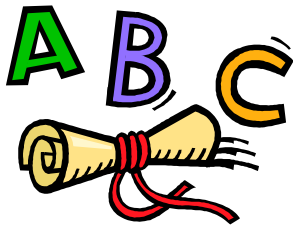


If you check out a book at the public library, it is probably an AR book!! It is now easy to find out if any book is an AR book. To find AR titles in your child's color go to [AR Book Find](http://www.arbookfind.com) at <http://www.arbookfind.com>, select advanced search and enter your child's book level or the Title of the book.

Our first AR celebration is October 14th. It will be a Popcorn & Movie Party!!

Happy Reading!!

Students of the
Month



Kindergarten

Mariah Latham
Zykeriya Wilborn
Johnnie Moore

First Grade

Ziquavious Halbert
Tyler Brooks
Carlos White
Lauren Graham

Second Grade

Darian Coley
Nathan Smart
Trigon Jones
Mercedes Willaims

Third Grade

Jhyla Hartzell
DeAna Neal
Mercedes Wood

Fourth Grade

A-layjah Robinson
Amia Hill
Demarkyan Oliver
Miracle Coleman

Fifth Grade

Jasmine Jones
Chanerriaya Allen
Mara Lopez

We are still collecting
workbook fees. You
may send \$5 each month
if necessary.

From the School Nurse: Healthy Habits Start At Home

1. Establish a reasonable bedtime and go to bed at the same time every night.
2. Limit food and drinks that contain caffeine.
3. Turn off TV when it is time to sleep and don't watch scary TV shows close to bedtime.
4. Don't exercise just before going to bed – do it earlier in the day.
5. Use your bed just for sleeping – not doing homework or talking on the phone.

Sharon Reifers, RN Ph: 662-241-7150 Cell: 662-251-0477 Fax: 662-241-7171

**Franklin Academy is recognized as a US Healthier Schools
Challenge Gold Distinction Award Winner!!**

We are one of eight schools in the state who have earned this prestigious title. As part of the US Healthier Schools award, you will notice changes in our lunch menus. Students will have a different vegetable and fruit choice every day of the week. Dark green or orange vegetables are offered 3 or more days per week. Cooked dry beans or peas will be offered each week. At least one serving of whole-grain food is offered each day. Our students will also participate in more nutrition education classes!!

We choose to participate in this challenging program to provide our students with a nutritional advantage that will help them be successful! We hope you will help by practicing healthy eating habits at home.

Congratulation 2011- 2012 PTA Officers

President – Shawna Stewart
1st Vice President – Jerrie Pardubsky
2nd Vice President – Kenyata Boyd
3rd Vice President – Daisy Sims
Secretary – Claudia McDavis
Treasurer – Angie Verdell
Construction Projects – Unteria Hargrove
Promotional Coordinator – Jerrie Pardubsky

**Don't forget to
send in your
Boxtops**

All transportation
changes are to be
made by 1:00 pm
daily.